



Restaurant Search

Germany - Berlin

June 2013

Berlin city postcodes 10115-14199

This list was prepared for a coeliac friend visiting Berlin in the summer of 2013, with a couple of additions in March 2014.

Please see the disclaimer at the end of the document.

Town	Restaurant	Address	Comments / website
10115	Das Speisezimmer (The Dining Room)	Chausseestraße 8 T: 030 81452943 0	Regional and Mediterranean cuisine (a Sarah Weiner's restaurant). One reviewer had a meal with bread at the beginning of the meal. http://www.sarahwiener.de/en/restaurants/das-speisezimmer/
10117 Mitte	Rice Up	Friedrichstrasse 114	Japanese Onigiri - on the move snacks http://www.rice-up.de/
10117	Cha Cha's	Friedrichstr. 63 T: 030 20625960	Thai/asian fusion. GF marked on menu. U-Bahn: Stadtmitte 7 days lunch-late http://www.eatchacha.com/berlin/berlin-friedrichstrasse.php
10117 Mitte	Die Maultasche	Charlottenstraße 35-36	Comes up on Berlin Qype with glutenfrei search, but unclear on website. http://www.die-maultasche.de/maultasche-berlin-mitte-charlottenstrasse.html
10117 Mitte	Soup Stock Exchange	Dorotheenstr. 43 T: 030 206 495 98	Soups. Review on http://www.zoeliakie-treff.de/in Aug 2011 said soups without noodles are gluten free. http://www.suppenboerse.de/
10117 Mitte	Mark Brandenburg (at Hilton Berlin)	Mohrenstrasse 30 T: 030 2023 4007	Menu has allergy code listing allergens for each menu item. (Trip Advisor review Aug 2013) "The Restaurant Mark Brandenburg is certified by the European Centre for Allergy Research Foundation and the kitchen staff are trained to recommend and prepare a suitable menu for guests with allergies." Lunch & dinner weekdays, dinner only on weekends. http://www3.hilton.com/en/hotels/berlin/hilton-berlin-BERHITW/dining/index.html



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10119	Chay Viet	Brunnenstraße 164 T: 030 48494554	Vietnamese - Vegetarian/Vegan. Menu states you can order GF. General reviews are very good. Open lunch-late on weekdays, either shut or late only on Saturday, and dinner on Sunday. Possibly cash only. No website so hard to find accurate information.
10178	Sphere (TV Tower Restaurant)	TV Turm Alexanderplatz Gastronomiegesellschaft mbH Panoramastraße 1A (No telephone enquiries)	Gluten free marked on menu, which is in German, English, French & Spanish. http://tv-turm.de/en/restaurant.php
10179	Lotus Cafe	Neue Blumenstraße 5 10179	GF options on menu (eg soup with bread) http://www.lotos-vihara.de/lotos-cafe.html Possibly a Buddhist meditation retreat.
10243	Goodies	Warschauerstr 69	Sometimes have GF cake (& vegan)
10245	Funk You Natural Food	Gärtnerstraße 21	GF options for breakfast, open sandwich, soup, muffin. Smoothies http://www.funkyfood.com/
10247 eastern Friedrichshain	Aunt Benny	Oderstrasse 7	Large selection of lunch options - GF sandwiches, desserts (June 2013) Closed Monday, closes at 7pm other days. http://auntbenny.com/
10247 Friedrichshain	Ohlàlà V Tartes Shop	Mainzer Strasse 18 (north of Boxhagenerplatz, near to Samariterstraße U5 stop)	Vegan, warm & cold options. Not 100% GF. Have a GF brunch every so often. Closed Monday.
10425	Dirty South	Krossener Str. 18	Plenty of GF available, can be closed even in opening times - check first http://www.dirtysouthberlin.de/
10435	Pappa e Ciccìa	Schwedter Straße 18	Antipasti, vegetables, salads, GF pasta
10437 Prenzlauer Berg	Vego Foodworld	Lychener Straße 63 10437 Berlin	Vegan, Burgers (with buns), fries, salads (not marked on menu, need to ask staff) Open daily lunch-late http://www.vego-foodworld.de/
10439	Veganz	Schivelbeiner Straße 34 T: 030 440 360 48	Shop with a small café with some GF cake options. http://www.veganz.de/



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10623	Simela Pizza & Focaccia	Kantstraße 146 T: 030 81 61 2600	GF pizza http://www.simela.de/
10623	Essen Fassen	Knesebeckstr 89 T: 030 22438118	Good for an evening meal. They have gluten free and lactose free items on their menu (which changes fairly often) http://www.essenfassen.com/
10719	Dean & David	Kurfürstendamm 21 T: 030 88 77 20 20	GF salads and curries (allergy guide available on internet, presumably in store too). This is a chain that is also in other parts of Germany (eg Munich). http://deananddavid.de/en/
10709	Wienerwald	Lehniner Platz 2	Chicken restaurant. Ask for allergy flyer http://www.wienerwald.de/
10781 Schöneberg	Dai Rigazzi	Winterfeldtstr. 36	Gluten free pasta and biscuits. http://www.dai-ragazzi.com/essen-trinken/
10829	Cielo di Berlino	Monumentenstraße 31 (a little south of Yorkstrasse) T: 030 78001738	GF pizza, lactose free cheese available, desserts available http://cielo-di-berlino.de/
10965 western Kruezberg	Freckles	Nostitzstraße 33 10965 Berlin	Vegan and Fructose friendly options Mon-Sun 12-5pm http://frecklesheaven.com/home..html
10967?	Rice Up	Schönleinstrasse U-Bahn Station	Japanese Onigiri - on the move snack http://www.rice-up.de/
10997	Naschmarkt (partnered with Slow food Berlin)	Markthalle Neun Eisenbahnstr 42/43	Monthly market - has some stalls that sometimes have gluten free (Hudsons - brownies; Frau Zeller - cakes) http://naschmarkt-berlin.de/
10997	Die Rebellion des Zimtsterns	Schlesischestr. 38	Organic - vegetarian, vegan & GF lunch & snack options. 7 days until 8pm http://www.die-rebellion-des-zimtsterns.de/
10999	Goûter	Reinchenberger Straße 143 T: 030 35 12 51 62	Café. Menu has a gluten free 'zone' - including quiche & croissants. www.gouter.de
10999	Creperie Bretonne	Reichenberger Str. 30,	GF galettes http://www.creperiebretonne-berlin.de/www.creperiebretonne-berlin.de/
10999	Viasko	Erkelenzdamm 49	Usually have 1 starter & main marked GF http://viasko.de/ 7 days - evenings & brunch on weekends



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12047 Neukolln	Sauvage	Pflügerstrasse 25 T: 030 53167547	Good for an evening meal. Paleo which is naturally gluten free. No sugar, no dairy. Closed Monday. http://www.sauvageberlin.com/en/
12047	Katie's Blue Cat	Friedelstraße 31	GF cookies. Lactose free milk available. http://katiesbluecat.de/
12051	Wienerwald	Hermannstr. 106	Chicken restaurant. Ask for allergy flyer http://www.wienerwald.de/
12159 Friedenau	Süßkramdealer	Varziner Str.4	Has GF brownies, but not marked up - need to ask. Near Budesplatz S-Bahn station
12161 Friedenau	Eis Voh	Bundesallee 118	Ice cream with GF cone, GF cakes/desserts http://www.bioeis-berlin.de/glutenfreie-kuchen.html

For reviews of many of these places, please see the following excellent blog:

<http://glutenfreiberlin.wordpress.com/>

If you find any errors or wish to add a listing, please email info@thecoeliacplate.com

Supermarkets & Health food stores

Gluten free products should be located fairly easily in Berlin.

Town	Shop	Address	Comments from blogs/websites
10439	Vitalia Reformhaus	Schönhauser Allee 78-80	Shop - possibly have GF ice cream cones http://www.el-vitalia.de/
	Das Berliner Frühstück		Bio shop with cafe http://www.dasberlinerfruehstueck.com/
10115 Mitte	Diafana	Krausnickstr. 23,	GF breads, but appears to have closed. Last found reviews in 2011. www.diafana.de
	Biolüske		health food store
	Alnatura		health food store
	Edeka markt		Some gluten free products

Gluten Free hotels:

<http://www.glutenfreehotelsguide.com/city.php?id=18>

http://www.rbb-online.de/rbbpraxis/fernsehen/rbb_praxis_fernsehen5/praxis_scanner__allergiker.html



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