



# Restaurant Search

## Germany - Berlin

June 2013

Berlin city postcodes 10115-14199

This list was prepared for a coeliac friend visiting Berlin in the summer of 2013, with a couple of additions in March 2014.

*Please see the disclaimer at the end of the document.*

Town	Restaurant	Address	Comments / website
10115	<b>Das Speisezimmer</b> (The Dining Room)	Chausseestraße 8 T: 030 81452943 0	Regional and Mediterranean cuisine (a Sarah Weiner's restaurant). One reviewer had a meal with bread at the beginning of the meal. <a href="http://www.sarahwiener.de/en/restaurants/das-speisezimmer/">http://www.sarahwiener.de/en/restaurants/das-speisezimmer/</a>
10117 Mitte	<b>Rice Up</b>	Friedrichstrasse 114	Japanese Onigiri - on the move snacks <a href="http://www.rice-up.de/">http://www.rice-up.de/</a>
10117	<b>Cha Cha's</b>	Friedrichstr. 63 T: 030 20625960	Thai/asian fusion. GF marked on menu. U-Bahn: Stadtmitte 7 days lunch-late <a href="http://www.eatchacha.com/berlin/berlin-friedrichstrasse.php">http://www.eatchacha.com/berlin/berlin-friedrichstrasse.php</a>
10117 Mitte	<b>Die Maultasche</b>	Charlottenstraße 35-36	Comes up on Berlin Qype with glutenfrei search, but unclear on website. <a href="http://www.die-maultasche.de/maultasche-berlin-mitte-charlottenstrasse.html">http://www.die-maultasche.de/maultasche-berlin-mitte-charlottenstrasse.html</a>
10117 Mitte	<b>Soup Stock Exchange</b>	Dorotheenstr. 43 T: 030 206 495 98	Soups. Review on <a href="http://www.zoeliakie-treff.de/in">http://www.zoeliakie-treff.de/in</a> Aug 2011 said soups without noodles are gluten free. <a href="http://www.suppenboerse.de/">http://www.suppenboerse.de/</a>
10117 Mitte	<b>Mark Brandenburg</b> (at Hilton Berlin)	Mohrenstrasse 30 T: 030 2023 4007	Menu has allergy code listing allergens for each menu item. (Trip Advisor review Aug 2013) "The Restaurant Mark Brandenburg is certified by the European Centre for Allergy Research Foundation and the kitchen staff are trained to recommend and prepare a suitable menu for guests with allergies." Lunch & dinner weekdays, dinner only on weekends. <a href="http://www3.hilton.com/en/hotels/berlin/hilton-berlin-BERHITW/dining/index.html">http://www3.hilton.com/en/hotels/berlin/hilton-berlin-BERHITW/dining/index.html</a>



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10119	<b>Chay Viet</b>	Brunnenstraße 164 T: 030 48494554	Vietnamese - Vegetarian/Vegan. Menu states you can order GF. General reviews are very good. Open lunch-late on weekdays, either shut or late only on Saturday, and dinner on Sunday. Possibly cash only. No website so hard to find accurate information.
10178	<b>Sphere (TV Tower Restaurant)</b>	TV Turm Alexanderplatz Gastronomiegesellschaft mbH Panoramastraße 1A (No telephone enquiries)	Gluten free marked on menu, which is in German, English, French & Spanish. <a href="http://tv-turm.de/en/restaurant.php">http://tv-turm.de/en/restaurant.php</a>
10179	<b>Lotus Cafe</b>	Neue Blumenstraße 5 10179	GF options on menu (eg soup with bread) <a href="http://www.lotos-vihara.de/lotos-cafe.html">http://www.lotos-vihara.de/lotos-cafe.html</a> Possibly a Buddhist meditation retreat.
10243	<b>Goodies</b>	Warschauerstr 69	Sometimes have GF cake (& vegan)
10245	<b>Funk You Natural Food</b>	Gärtnerstraße 21	GF options for breakfast, open sandwich, soup, muffin. Smoothies <a href="http://www.funkyfood.com/">http://www.funkyfood.com/</a>
10247 eastern Friedrichshain	<b>Aunt Benny</b>	Oderstrasse 7	Large selection of lunch options - GF sandwiches, desserts (June 2013) Closed Monday, closes at 7pm other days. <a href="http://auntbenny.com/">http://auntbenny.com/</a>
10247 Friedrichshain	<b>Ohlàlà V Tartes Shop</b>	Mainzer Strasse 18 (north of Boxhagenerplatz, near to Samariterstraße U5 stop)	Vegan, warm & cold options. Not 100% GF. Have a GF brunch every so often. Closed Monday.
10425	<b>Dirty South</b>	Krossener Str. 18	Plenty of GF available, can be closed even in opening times - check first <a href="http://www.dirtysouthberlin.de/">http://www.dirtysouthberlin.de/</a>
10435	<b>Pappa e Ciccìa</b>	Schwedter Straße 18	Antipasti, vegetables, salads, GF pasta
10437 Prenzlauer Berg	<b>Vego Foodworld</b>	Lychener Straße 63 10437 Berlin	Vegan, Burgers (with buns), fries, salads (not marked on menu, need to ask staff) Open daily lunch-late <a href="http://www.vego-foodworld.de/">http://www.vego-foodworld.de/</a>
10439	<b>Veganz</b>	Schivelbeiner Straße 34 T: 030 440 360 48	Shop with a small café with some GF cake options. <a href="http://www.veganz.de/">http://www.veganz.de/</a>



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10623	<b>Simela</b> Pizza & Focaccia	Kantstraße 146 T: 030 81 61 2600	GF pizza <a href="http://www.simela.de/">http://www.simela.de/</a>
10623	<b>Essen Fassen</b>	Knesebeckstr 89 T: 030 22438118	Good for an evening meal. They have gluten free and lactose free items on their menu (which changes fairly often) <a href="http://www.essenfassen.com/">http://www.essenfassen.com/</a>
10719	<b>Dean &amp; David</b>	Kurfürstendamm 21 T: 030 88 77 20 20	GF salads and curries (allergy guide available on internet, presumably in store too). This is a chain that is also in other parts of Germany (eg Munich). <a href="http://deananddavid.de/en/">http://deananddavid.de/en/</a>
10709	<b>Wienerwald</b>	Lehniner Platz 2	Chicken restaurant. Ask for allergy flyer <a href="http://www.wienerwald.de/">http://www.wienerwald.de/</a>
10781 Schöneberg	<b>Dai Rigazzi</b>	Winterfeldtstr. 36	Gluten free pasta and biscuits. <a href="http://www.dai-ragazzi.com/essen-trinken/">http://www.dai-ragazzi.com/essen-trinken/</a>
10829	<b>Cielo di Berlino</b>	Monumentenstraße 31 (a little south of Yorkstrasse) T: 030 78001738	GF pizza, lactose free cheese available, desserts available <a href="http://cielo-di-berlino.de/">http://cielo-di-berlino.de/</a>
10965 western Kruetzberg	<b>Freckles</b>	Nostitzstraße 33 10965 Berlin	Vegan and Fructose friendly options Mon-Sun 12-5pm <a href="http://frecklesheaven.com/home..html">http://frecklesheaven.com/home..html</a>
10967?	<b>Rice Up</b>	Schönleinstrasse U-Bahn Station	Japanese Onigiri - on the move snack <a href="http://www.rice-up.de/">http://www.rice-up.de/</a>
10997	<b>Naschmarkt (partnered with Slow food Berlin)</b>	Markthalle Neun Eisenbahnstr 42/43	Monthly market - has some stalls that sometimes have gluten free (Hudsons - brownies; Frau Zeller - cakes) <a href="http://naschmarkt-berlin.de/">http://naschmarkt-berlin.de/</a>
10997	<b>Die Rebellion des Zimtsterns</b>	Schlesischestr. 38	Organic - vegetarian, vegan & GF lunch & snack options. 7 days until 8pm <a href="http://www.die-rebellion-des-zimtsterns.de/">http://www.die-rebellion-des-zimtsterns.de/</a>
10999	<b>Goûter</b>	Reinchenberger Straße 143 T: 030 35 12 51 62	Café. Menu has a gluten free 'zone' - including quiche & croissants. <a href="http://www.gouter.de">www.gouter.de</a>
10999	<b>Creperie Bretonne</b>	Reichenberger Str. 30,	GF galettes <a href="http://www.creperiebretonne-berlin.de/www.creperiebretonne-berlin.de/">http://www.creperiebretonne-berlin.de/www.creperiebretonne-berlin.de/</a>
10999	<b>Viasko</b>	Erkelenzdamm 49	Usually have 1 starter & main marked GF <a href="http://viasko.de/">http://viasko.de/</a> 7 days - evenings & brunch on weekends

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12047 Neukölln	<b>Sauvage</b>	Pflügerstrasse 25 T: 030 53167547	Good for an evening meal. Paleo which is naturally gluten free. No sugar, no dairy. Closed Monday. <a href="http://www.sauvageberlin.com/en/">http://www.sauvageberlin.com/en/</a>
12047	<b>Katie's Blue Cat</b>	Friedelstraße 31	GF cookies. Lactose free milk available. <a href="http://katiesbluecat.de/">http://katiesbluecat.de/</a>
12051	<b>Wienerwald</b>	Hermannstr. 106	Chicken restaurant. Ask for allergy flyer <a href="http://www.wienerwald.de/">http://www.wienerwald.de/</a>
12159 Friedenau	<b>Süßkramdealer</b>	Varziner Str.4	Has GF brownies, but not marked up - need to ask. Near Budesplatz S-Bahn station
12161 Friedenau	<b>Eis Voh</b>	Bundesallee 118	Ice cream with GF cone, GF cakes/desserts <a href="http://www.bioeis-berlin.de/glutenfreie-kuchen.html">http://www.bioeis-berlin.de/glutenfreie-kuchen.html</a>

For reviews of many of these places, please see the following excellent blog:

<http://glutenfreiberlin.wordpress.com/>

If you find any errors or wish to add a listing, please email [info@thecoeliacplate.com](mailto:info@thecoeliacplate.com)

## Supermarkets & Health food stores

Gluten free products should be located fairly easily in Berlin.

Town	Shop	Address	Comments from blogs/websites
10439	Vitalia Reformhaus	Schönhauser Allee 78-80	Shop - possibly have GF ice cream cones <a href="http://www.el-vitalia.de/">http://www.el-vitalia.de/</a>
	Das Berliner Frühstück		Bio shop with cafe <a href="http://www.dasberlinerfruehstueck.com/">http://www.dasberlinerfruehstueck.com/</a>
10115 Mitte	Diafana	Krausnickstr. 23,	GF breads, but appears to have closed. Last found reviews in 2011. <a href="http://www.diafana.de">www.diafana.de</a>
	Biolüske		health food store
	Alnatura		health food store
	Edeka markt		Some gluten free products

## Gluten Free hotels:

<http://www.glutenfreehotelsguide.com/city.php?id=18>

[http://www.rbb-online.de/rbbpraxis/fernsehen/rbb\\_praxis\\_fernsehen5/praxis\\_scanner\\_\\_allergiker.html](http://www.rbb-online.de/rbbpraxis/fernsehen/rbb_praxis_fernsehen5/praxis_scanner__allergiker.html)



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