



# 100% Gluten Free Scotland - Edinburgh January 2017 v.1a

This document is part of a series of 100% gluten free cafes, restaurants and bakeries in the UK that have their own retail outlet. This listing covers Edinburgh, Scotland.

Each listing is accompanied by a more detailed blog post. Please see:  
<http://thecoeliacplate.com/uk-100-gluten-free/>

*NB If you do not eat oats, check with the producer for suitable items.*

*Please see the disclaimer at the end of the document.*

Suburb/Area	Restaurant	Address	Comments / website
Edinburgh EH1 2HS	<b>Pumpkin Brown Cafe</b>  FB: @Pumpkinbrown edinburgh T: @Pumpkinbrown ed  Added: 08/16	16 Grassmarket Edinburgh EH1 2HS	Healthy eating. Completely free from gluten and dairy, all food is naturally refined sugar free, organic, locally sourced and a safe haven for coeliacs.  7 days 10am-6pm Primarily takeaway, but there is a small amount of seating.  <a href="http://www.pumpkinbrown.com/">http://www.pumpkinbrown.com/</a>
Edinburgh EH7 4EN	<b>Sugar Daddy's Gluten Free Cafe</b>  FB: @SugarDaddysEd inburgh T: @SugarDaddysEdin  Added: 08/16	5 Rodney Street Edinburgh EH7 4EN	A completely gluten free bakery & cake shop in Edinburgh, that sells treats that everybody can eat! Always coeliac safe & often also dairy free, with egg free & vegan options available. Brownies, blondies, cupcakes & cookies are available daily. Order celebration cakes and treat boxes. FindLaters GF bread delivered on Fridays. NB No oats or oat flour is used.  Wed-Sat 11am-5.30pm, Sun 11am-4pm Primarily takeaway, but there is a small amount of seating.  <a href="http://www.sugardaddysedinburgh.com/">http://www.sugardaddysedinburgh.com/</a>



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Suburb/Area	Restaurant	Address	Comments / website
Edinburgh EH3 9AU	<b>Tupiniquim Crepes</b>  FB: @Tupiniquim T: @TupiniquimE  Added: 08/16	Green police box Lauriston Place Edinburgh EH3 9AU (near University of Edinburgh & The Meadows)	Street food. Delicious gluten free crepes and other Brazilian dishes and fresh juices, served from an old police box. Also available for catering and festivals. Mon-Sat 10am-6pm according to Website Tues-Sat 11am-6pm according to Facebook <a href="http://www.facebook.com/tupiniquim">www.facebook.com/tupiniquim</a>  <a href="http://tupiniquim.co.uk/">http://tupiniquim.co.uk/</a>
Edinburgh EH11 2BU	<b>GF Edinburgh</b>  FB: @GFEdinburghCafe T: @gf_edinburgh  Added: 01/17	37 Dalry Road Edinburgh EH11 2BU	“Good Food. Gluten Free.” Take away café selling wraps and sandwiches, soup, pasta, fried and cakes and treats. Open 9.30-6pm  <a href="https://www.facebook.com/GFEdinburghCafe">https://www.facebook.com/GFEdinburghCafe</a>
Bruntsfield, Edinburgh EH10 4DG	<b>Moon &amp; Hare</b>  FB: @moonandhare T: N/A  Added: 01/17	167 Bruntsfield Place Edinburgh EH10 4DG  T: 0131 228 9250	An independent clean eating gluten free, vegetarian, vegan eatery and deli. Serving breakfast, lunch and healthy cakes and bakes. Many items suitable for paleo and raw diets. Mon-Fri 10am-6pm, Sat/Sun 9:30am-6pm <a href="http://moonandhare.co.uk">http://moonandhare.co.uk</a>
Edinburgh EH12 5JZ	<b>Grams</b>  T & FB: @gramsedinburgh  Added: 01/17	16 Haymarket Terrace Edinburgh EH12 5JZ  T: 0131 337 3599  Stockbridge Market Saunders Street Edinburgh EH3 6TQ	Healthy Fast Food. raw, dairy free, gluten free, refined sugar free, clean cakes made with unprocessed natural ingredients Mon-Fri 8am-4pm, Sat 10am-4pm <a href="http://www.gramsedinburgh.com">http://www.gramsedinburgh.com</a>  Market is open every Sunday all year round 10am to 5pm, but Grams attends only on the last Sunday of the month. <a href="http://www.stockbridgemarket.com/stockbridge.html">http://www.stockbridgemarket.com/stockbridge.html</a>



If you have any comments or find an error, please email [info@thecoeliacplate.com](mailto:info@thecoeliacplate.com)



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