



100% Gluten Free UK - Northern England

May 2017 v1.1

This listing is part of a series of 100% gluten free cafes, restaurants and bakeries in the UK that have their *own retail outlet*. This might be a restaurant or a stall at a market.

This listing covers all of Yorkshire, Cheshire, Greater Manchester, Merseyside, Lancashire, County Durham, Cumbria and Northumberland, but at this stage Yorkshire & County Durham are dominating the scene.

There are a number of businesses currently being followed up for inclusion, so keep an eye on Twitter and Facebook for updates.

For other regions, including London, please see thecoeliacplate.com/uk-100-gluten-free/.

Please see the disclaimer at the end of the document.

Suburb/Area	Restaurant	Address	Comments / website
Leeds West Yorkshire	The Oxford Place T & FB: @theoxfordplace Added 04/16 Reviewed 05/17	2 Oxford Place LS1 3AX T: 0113 234 1294	Full seasonal menu, with options that can be hard to find gluten free, such as fish & chips. Plenty of cakes available and afternoon tea is available with reservation. Tues-Sat 11.30am-9.30pm, Sun 10-6pm https://www.facebook.com/pg/theoxfordplace/
Leeds West Yorkshire LS7 2AW	Wildcraft gluten free bakery T @MushroomMina FB @WildcraftBakery Added 03/17	Unit 13 Penraevon Street Penraevon Industrial Estate Leeds LS7 2AW T: 07957 227694 Please park behind the bakery or on the nearby roads.	At Wildcraft Bakery we refuse to be denied our guilty pleasures by our digestive systems! Not only gluten free, but also allergen conscious with savoury options that are vegetarian, vegan and sugar free. You can stop for a cup of coffee or soup too! Tuesday-Thursday: 10am - 5.30pm and Friday-Saturday: 10am - 2pm. http://www.wildcraftbakery.com/
York	El Piano	15-17 Grape Lane	Vegan. 100% gluten free & "all dietary



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North Yorkshire	T: @ElPianoYork FB:	York T: 01904 610 676	requirements catered for". Mon-Sat 11am-11pm, Sun noon-9pm Regularly wins or is finalist in York café of the year. Also in Malaga & Granada. www.el-piano.com
	Added 04/16 Reviewed 11/16		
Whitby, Redcar & Cleveland North Yorkshire	The Walrus and the Carpenter T: N/A FB: @thewalrusandthecarpenterwhitby	147 Church Street Whitby, Redcar And Cleveland T: 01947 605963	Family run 100% gluten free café, with a warm, friendly atmosphere and a locally sourced seasonal menu. Free wifi. Outside seating also available. Eat in or take away. Dog friendly! www.facebook.com/thewalrusandthecarpenterwhitby/?fref=ts
	Added 04/16 Reviewed 11/16		
Leyburn North Yorkshire	The Gluten Free Kitchen T: glutenfreeGFK FB: @theglutenfreekitchen	Check Social media for events.	A dedicated bakery producing gluten, wheat and dairy free cakes, puddings, savouries and bread. Full range at Cambells of Leyburn, but see website for other stockists. Check their Facebook and Twitter for markets and events attending (eg Carfest North & South, Bath GF food fair, Northumberland county show). www.theglutenfreekitchen.co.uk/
	Added 04/16 Reviewed 11/16		
Stokesley Hambleton TS9 North Yorkshire	Elizabeth's Kitchen T: N/A FB: Elizabeth's Kitchen	Unit 18, Terry Dicken Industrial Estate Station Road, Stokesley TS9 7AE	An entirely gluten free (coeliac friendly) bakery and catering business, catering for any occasion no matter how large or small. All products are made with locally sourced ingredients, no unnecessary added sugars or salts, no preservatives and nothing processed. Business unit is open once a month to the public selling breads, pies, pasties, choux buns, gateaux, sausage rolls etc. Also regularly at Farmers' Markets. Look at the events page on Facebook for other events attending. www.facebook.com/Elizabeths-Kitchen-551772871618343/
	Added 04/16 Reviewed 11/16		
Stokesley Hambleton TS9 North Yorkshire	Elizabeth's Kitchen T: N/A FB: Elizabeth's Kitchen	Stokesley Farmers' Market The Market Place Stokesley Hambleton TS9	<i>See main entry above for product details.</i> 1st Saturday of the month, 8.30am-2.30pm (weather dependent). www.facebook.com/Elizabeths-Kitchen-551772871618343/ www.facebook.com/stokesleyfarmersmarket/
	Added 04/16		



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Marion Middlesbrough TS7 8AR North Yorkshire	Elizabeth's Kitchen T: N/A FB: Elizabeth's Kitchen Added 04/16	Stewart Park Farmers' Market (Next to Bolckow Visitor's Centre) The Grove Marion Middlesbrough TS7 8AR	<i>See main entry above for product details.</i> 4 th Sunday of the month, 9am-2pm www.facebook.com/Elizabeths-Kitchen-551772871618343/ www.facebook.com/middlesbroughfarmersmarket/
Billingham Stockton-on- Tees TS22 5NF (outskirts of Durham) North Yorkshire	Elizabeth's Kitchen T: N/A FB: Elizabeth's Kitchen Added 04/16	Wynyard Hall Farmers' Market Wynyard Hall walled garden Billingham Tees Valley TS22 5NF	<i>See main entry above for product details.</i> 3 rd Sunday of the month April - October, 9.30am-3.30pm. www.facebook.com/Elizabeths-Kitchen-551772871618343/ www.facebook.com/wynyardhallfarmersmarket/?fref=ts For directions see www.wynyardhall.co.uk/
Northallerton County Durham DL7 8PQ	Elizabeth's Kitchen T: N/A FB: Elizabeth's Kitchen Added 04/16	Northallerton Farmers' market High Street (near Marks & Spencer) Northallerton Darlington County Durham DL7 8PQ	<i>See main entry above for product details.</i> www.facebook.com/Elizabeths-Kitchen-551772871618343/ 4 th Wednesday of the month, 8.30am- 2.30pm (weather dependent). www.facebook.com/northallertonfarmersmarket/?fref=ts
Stockton on Tees County Durham	Labyrinth Holistic Café T: @LabyrinthHCHQ FB: @LabyrinthHolisticCafe Added 04/16 Reviewed 11/16	The Town House 2 Skinner Street Stockton on Tees TS18 1DY T: 01642 97377	A not for profit café catering for more than just gluten free - lactose free, vegan and vegetarian options and other special diets will be accommodated - just ask! Cooked breakfast, porridge, pancakes, burgers, sandwiches, lasagne, chilli. Mon-Fri 9am-4.30ish pm, Sat 9am-4.30ish pm (Brunch 10am-3.30pm & Lunch noon-3.30pm) www.labyrinthholisticcafe.org
Bishop Auckland County Durham DL14 7NF	Gluten Free Food Products T: @GlutenFreeFP FB: @mandysglutenfree Added 04/16 Reviewed 11/16	Farmers markets and gluten free events (Correspondence & online order pickup only: 4A Laurel Way Bishop Auckland DL14 7NF)	Dedicated GF bakery producing 'Mandy's Gluten free products', run by a coeliac. 13 different savoury pies, quiches, scones & puddings, including seasonal products such as gluten free mince pies. Many items dairy free also. Products are sealed before they leave the bakery to eliminate the risk of cross contamination. Online (shipped frozen) and at farmers markets. Check Twitter for other events attending.



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			www.glutenfreefoodproducts.co.uk
Gateshead NE16 6BG Northumberland	Gluten Free Food Products T: @GlutenFreeFP FB: @mandysglutenfree Added 04/16 Reviewed 11/16	Gibside National Trust Farmers' Market Rowlands Gill Gateshead NE16 6BG (just 8 miles from Newcastle City Centre)	<i>See main entry above for product details.</i> Pies, scones, fruit cakes etc. www.glutenfreefoodproducts.co.uk 1 st & 3rd Saturdays of the month 10am-4pm (free entry) www.facebook.com/GibsideNT/?fref=ts
Saltburn-by-the-Sea TS12 1DG North Yorkshire	Gluten Free Food Products T: @GlutenFreeFP FB: @mandysglutenfree Added 04/16 Reviewed 11/16	Saltburn Farmers' Market Milton St Saltburn-by-the-Sea TS12 1DG	<i>See main entry above for product details.</i> Pies, scones, fruit cakes etc. 2nd Saturday of the month (Mar - Dec, excluding Aug) 9am - 2.00pm www.glutenfreefoodproducts.co.uk saltburnfarmersmarket.com/ www.facebook.com/SaltburnFarmersMarket/?fref=ts
Stokesley Hambleton TS9 North Yorkshire	Gluten Free Food Products T: @GlutenFreeFP FB: @mandysglutenfree Added 11/16	Stokesley Farmers' Market The Market Place Stokesley Hambleton TS9	<i>See main entry above for product details.</i> 1st Saturday of the month, 8.30am-2.30pm (weather dependent). www.glutenfreefoodproducts.co.uk www.facebook.com/stokesleyfarmersmarket/
Middlesbrough TS7 8AG North Yorkshire	Gluten Free Food Products T: @GlutenFreeFP FB: @mandysglutenfree Added 11/16	Stewart Park Farmers' Market Paved area near Bolckow Visitors' Centre Stewart Park Middlesbrough TS7 8AG	<i>See main entry above for product details.</i> Last Sunday of the month, 9am-2pm www.glutenfreefoodproducts.co.uk http://www.northerndalesfarmersmarkets.com
Barnard Castle Teesdale County Durham	Gluten Free Food Products T: @GlutenFreeFP FB: @mandysglutenfree Added 11/16	Barnard Castle Market Teesdale County Durham (Market usually on the cobbles but may move into a hall in wet weather.)	<i>See main entry above for product details.</i> 1st Saturday of the month, 9.30am-3pm. www.glutenfreefoodproducts.co.uk http://www.barnardcastlefarmersmarket.co.uk



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Darlington County Durham DL3 7QQ	K&N's Gluten Free Kitchen T: N/A FB: K & N's Gluten Free Kitchen	Darlington Open Market High Row Darlington DL3 7QQ County Durham	Run by a coeliac, providing cakes, ready meals, pies & quiches. Cakes for special occasions & home delivery available. Also attends Coeliac Group meetings & some other markets (eg York Food Fair, Leeds Food Fair, Lincoln Food Fair). Check website under Events for more details. kandnkitchens.com/ At Darlington outdoor market every Monday 9am - 5pm (weather permitting). www.darlington.gov.uk/leisure-and-culture/markets/markets-in-darlington/
Northwich Cheshire CW9 5AE	The Gluten Free Pie Co. T: @GlutenFreePieCo FB: @glutenfreepieco	Northwich Artisan Market Witton St Northwich CW9 5AE	Producing a range of freshly baked savoury pies that are free from all artificial additives, preservative, flavourings & all the fillings are made using only the finest local ingredients. Available online or at markets (see below , events page on website and Facebook for other events). http://www.glutenfreepieco.co.uk 2 nd Saturday every month, 10am-4pm themarketco.co.uk/markets/northwich-artisan-market/
Wilmslow Cheshire SK9 1PB	The Gluten Free Pie Co T: @GlutenFreePieCo FB: @glutenfreepieco	Wilmslow Artisan Market Alderley Road Wilmslow Cheshire SK9 1PB	<i>See main entry above for more details.</i> Available online or at markets (see below , events page on website and Facebook for other events). http://www.glutenfreepieco.co.uk 3rd Saturday every month, 10am - 4pm themarketco.co.uk/markets/wilmslow-artisan-market/
Macclesfield Cheshire SK11 1EA	The Gluten Free Pie Co T: @GlutenFreePieCo FB: @glutenfreepieco	Macclesfield Treacle Market Marketplace & Chestergate Macclesfield Cheshire SK11 1EA	<i>See main entry above for more details.</i> Available online or at markets (see below , events page on website and Facebook for other events). http://www.glutenfreepieco.co.uk Last Sunday every month, except December which is the Sunday before Christmas. http://www.treaclemarket.co.uk/
Urmston	The Gluten Free	Urmston Artisan	<i>See main entry above for more details.</i>



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Manchester M41 0XL	Pie Co T: @GlutenFreePieCo FB: @glutenfreepieco Added 11/16	Market Railway Rd Urmston Manchester M41 0XL	Available online or at markets (see below , events page on website and Facebook for other events). http://www.glutenfreepieco.co.uk 1st Saturday every month (Mar-Dec), 10am - 4pm http://themarketco.co.uk/markets/urmston-artisan-market/
-	Icky Sticky Cake Co T: @ickystickycakes FB: @ickystickycake Added 05/16 Reviewed 11/16	See market details below <i>Correspondence:</i> 711 Manchester Road Castleton Derbyshire Tel. 07792 604176	Local family business that loves everything about baking. Their specialities are flavoursome gluten free friands as well as bespoke celebration cakes (pre-order), all made in a dedicated gluten free kitchen. See regular markets below, but also attends Gluten free Food fairs and other food festivals (eg Castlefield Food Festival). Check events page on website and upcoming dates on Facebook. www.ickystickycake.co.uk/
Manchester M19	Icky Sticky Cake Co T: @ickystickycakes FB: @ickystickycake Added 05/16 Reviewed 11/16	Levenshulme Market Train station car park Stockport Rd Manchester M19	Cakes & friends. <i>See main entry above for more details.</i> www.ickystickycake.co.uk/ 4 th Saturday of the month (March -Nov, 3 rd Saturday in December. www.levymarket.com/
Bolton Greater Manchester BL1 5BU	Icky Sticky Cake Co T: @ickystickycakes FB: @ickystickycake Added 05/16 Reviewed 11/16	Artisan Market Heaton Fold Garden Centre Overdale Drive Bolton Greater Manchester BL1 5BU	Cakes & friends. <i>See main entry above for more details.</i> www.ickystickycake.co.uk/ 3 rd Sunday of the month (Feb-Nov, check dates for Dec Christmas market), 10am- 4pm www.heatonfold.co.uk
Liverpool Merseyside L17 8UP	No Gluten Baker T: @noglutenbaker1 FB: @noglutenbakersouth port Added 05/16 Reviewed 11/16	Lark Lane Farmers' Market 1 Lark Lane Liverpool L17 8UP	Producing a wide range of gluten free sweet & savoury goods (also dairy free options). All products formally tested for no detectable gluten and wheat. www.facebook.com/noglutenbakersouthport 4th Saturday of the month, 8.30am- 12.30pm. www.larklaneguide.com/event/farmers-



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Liverpool Merseyside L1 6BW	JAM Restaurant & Cocktail Bar T: @jam_restaurants FB: @jamrestaurants Added: 10/16 Under review 03/17	7-11 Sir Thomas Street Liverpool L1 6BW (Next to the Metquarter) Tel: 0151 306 2567	A modern eatery and cocktail bar that fuses casual dining and gourmet classics. 100% GF with plenty of vegan options. (Not advertised as gluten free on website as it deters other customers.) Open daily serving Afternoon Tea, Brunch, Dinner, Cocktails in contemporary surroundings. NB Mar 2017 Currently investigating reports that normal bread is provided unless GF requested. Mon-Wed 11am - 8pm, Thurs 11am - 10pm, Fri 9am - 10pm, Sat 9am - 11pm, Sun 10am - 6pm http://www.jamrestaurants.co.uk/
South Yorkshire	-	-	THERE ARE CURRENTLY NO LISTINGS FOR SOUTH YORKSHIRE
East Riding of Yorkshire	-	-	THERE ARE CURRENTLY NO LISTINGS FOR EAST RIDING OF YORKSHIRE however there is one business that we're waiting to hear back from.
Lancashire	-	-	THERE ARE CURRENTLY NO LISTINGS FOR LANCASHIRE
Cumbria	-	-	THERE ARE CURRENTLY NO LISTINGS FOR CUMBRIA
Ramsey Isle of Man IM8 1AT	The Wholesome Woman Baker* T: TBGFK FB: The Wholesome Baker Woman Added: 05/16 Reviewed 11/16	31 Parliament Street Ramsey Isle of Man IM8 1AT	Just like a traditional bakery, except everything is gluten free! You will find bread, rolls, savoury bites & sweet treats. The cakes are all grain, dairy*, egg, soy, yeast and refined sugar free (*no margarine used). Open Saturdays, 11am-5pm http://www.wholesomebakerwoman.co.uk/ *(Previously known as The Busy Gluten Free Kitchen)



If you have any comments or find an error, please email info@thecoeliacplate.com



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