



100% Gluten Free

UK - Northern England

October 2016 v1.0c

This listing is part of a series of 100% gluten free cafes, restaurants and bakeries in the UK that have their *own retail outlet*. This might be a restaurant or a stall at a market.

This listing covers all of Yorkshire, Cheshire, Greater Manchester, Merseyside, Lancashire, County Durham, Cumbria and Northumberland, but at this stage Yorkshire & County Durham are dominating the scene.

There are a number of businesses currently being followed up for inclusion, so keep an eye on Twitter and Facebook for updates.

For other regions, including London, please see thecoeliacplate.com/uk-100-gluten-free/.

Please see the disclaimer at the end of the document.

Suburb/Area	Restaurant	Address	Comments / website
Leeds West Yorkshire	2 Oxford Place	2 Oxford Place LS1 3AX T: 0113 234 1294	<i>Daytime menu:</i> ranges brunch options to sandwiches, salads, fish & chips <i>Dinner menu:</i> seasonal, but options such as breaded brie, pie, curry, fish or steak, fish & chips and pasta. GF beer available. <i>Snacks:</i> plenty of cakes available and afternoon tea is available with reservation. Tues-Sat 11.30am-10pm 2oxfordplace.com/
Heckmondwike West Yorkshire	Yorkshire Chippy		Unfortunately this business closed at the end of July 2016.
York North Yorkshire	El Piano	15-17 Grape Lane York T: 01904 610 676	Vegan. 100% gluten free & "all dietary requirements catered for". Mon-Sat 11am-11pm, Sun noon-9pm Regularly wins or is finalist in York café of the year. Also in Malaga & Granada. www.el-piano.com
Whitby, Redcar & Cleveland North Yorkshire	The Walrus and the Carpenter	147 Church Street Whitby, Redcar And Cleveland T: 01947 605963	Family run 100% gluten free café, with a warm, friendly atmosphere and a locally sourced seasonal menu. Free wifi. Outside seating also available. Eat in or



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Suburb/Area	Restaurant	Address	Comments / website
			take away. Dog friendly! www.facebook.com/thewalrusandthecarpenterwhitby/?fref=ts
Leyburn North Yorkshire DL8 5QA	The Gluten Free Kitchen	Unit 4D, Leyburn Business Park Harmby Road Leyburn North Yorkshire DL8 5QA	A dedicated bakery producing gluten, wheat and dairy free cakes, puddings, savouries and bread. Items can be bought from shop at bakery: Mon-Thurs 10am-4pm, Fri 10am-3pm Saturday order and collect only. www.theglutenfreekitchen.co.uk/
Stokesley North Yorkshire	Elizabeth's Kitchen	Unit 18, Terry Dicken Industrial Estate Station Road, Stokesley TS9 7AE	An entirely gluten free (coeliac friendly) bakery and catering business, catering for any occasion no matter how large or small. All products are made with locally sourced ingredients, no unnecessary added sugars or salts, no preservatives and nothing processed. Business unit is open once a month to the public selling breads, pies, pasties, choux buns, gateaux, sausage rolls etc. Also regularly at Farmers' Markets. www.facebook.com/Elizabeths-Kitchen-551772871618343/
Stokesley Hambleton TS9 North Yorkshire	Elizabeth's Kitchen	Stokesley Farmers' Market The Market Place Stokesley Hambleton TS9	<i>See main entry above for product details.</i> 1st Saturday of the month, 8.30am-2.30pm (weather dependent). www.facebook.com/Elizabeths-Kitchen-551772871618343/ www.facebook.com/stokesleyfarmersmarket/
Marton Middlesbrough TS7 8AR North Yorkshire	Elizabeth's Kitchen	Stewart Park Farmers' Market (Next to Bolckow Visitor's Centre) The Grove Marton Middlesbrough TS7 8AR	<i>See main entry above for product details.</i> 4 th Sunday of the month, 9am-2pm www.facebook.com/Elizabeths-Kitchen-551772871618343/ www.facebook.com/middlesbroughfarmersmarket/
Billingham Stockton-on-Tees TS22 5NF (outskirts of Durham) North Yorkshire	Elizabeth's Kitchen	Wynyard Hall Farmers' Market Wynyard Hall walled garden Billingham Tees Valley TS22 5NF	<i>See main entry above for product details.</i> 3 rd Sunday of the month April - October, 9.30am-3.30pm. www.facebook.com/Elizabeths-Kitchen-551772871618343/ www.facebook.com/wynyardhallfarmersmarket/?fref=ts For directions see



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			www.wynyardhall.co.uk/
Northallerton County Durham DL7 8PQ	Elizabeth's Kitchen	Northallerton Farmers' market High Street (near Marks & Spencer) Northallerton Darlington County Durham DL7 8PQ	See main entry above for product details. www.facebook.com/Elizabeths-Kitchen-551772871618343/ 4 th Wednesday of the month, 8.30am-2.30pm (weather dependent). www.facebook.com/northallertonfarmersmarket/?fref=ts
Stockton on Tees County Durham	Labyrinth Holistic Café	The Town House 2 Skinner Street Stockton on Tees TS18 1DY T: 01642 97377	A not for profit café catering for more than just gluten free - lactose free, vegan and vegetarian options and other special diets will be accommodated - just ask! Cooked breakfast, porridge, pancakes, burgers, sandwiches, lasagne, chilli. Mon-Fri 9am-4.30ish pm, Sat 9am-4.30ish pm (Brunch 10am-3.30pm & Lunch noon-3.30pm) www.labyrinthholisticcafe.org
Bishop Auckland County Durham DL14 7NF	Gluten Free Food Products	Farmers markets and gluten free events (Correspondence & online order pickup only: 4A Laurel Way Bishop Auckland DL14 7NF)	Dedicated GF bakery producing 'Mandy's Gluten free products', run by a coeliac. 13 different savoury pies, quiches, scones & puddings, including seasonal products such as gluten free mince pies. Many items dairy free also. Products are sealed before they leave the bakery to eliminate the risk of cross contamination. Online (shipped frozen) and at farmers markets. www.glutenfreefoodproducts.co.uk
Gateshead NE16 6BG Northumberland	Gluten Free Food Products	Gibside National Trust Farmers' Market Rowlands Gill Gateshead NE16 6BG (just 8 miles from Newcastle City Centre)	See main entry above for product details. Pies, scones, fruit cakes etc. www.glutenfreefoodproducts.co.uk 1 st & 3rd Saturdays of the month 10am-4pm (free entry) www.facebook.com/GibsideNT/?fref=ts
Saltburn-by- the-Sea TS12 1DG North Yorkshire	Gluten Free Food Products	Saltburn Farmers' Market Milton St Saltburn-by-the-Sea TS12 1DG	See main entry above for product details. Pies, scones, fruit cakes etc. 2nd Saturday of the month (Mar - Dec, excluding Aug) 9am - 2.00pm www.glutenfreefoodproducts.co.uk saltburnfarmersmarket.com/ www.facebook.com/SaltburnFarmersMarket/?fref=ts



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Darlington County Durham DL3 7QQ	K&N's Gluten Free Kitchen	Darlington Open Market High Row Darlington DL3 7QQ County Durham	Run by a coeliac, providing cakes, ready meals, pies & quiches. Cakes for special occasions & home delivery available. Also attends Coeliac Group meetings & some other markets (eg York Food Fair, Leeds Food Fair, Lincoln Food Fair). Check website under Events for more details. kandnkitchens.com/ At Darlington outdoor market every Monday 9am - 5pm (weather permitting). www.darlington.gov.uk/leisure-and-culture/markets/markets-in-darlington/
Northwich Cheshire CW9 5AE	Foodamentalists	Northwich Artisan Market Witton St Northwich CW9 5AE	Bread and bread mixes. Also available online. www.facebook.com/TheFoodamentalists/?fref=ts 2 nd Saturday every month, 10am-4pm themarketco.co.uk/markets/northwich-artisan-market/
Cheadle Cheshire SK8 1PX	Foodamentalists	The Makers Market The White Hart High Street Cheadle Village Cheshire SK8 2AA	Bread and bread mixes. Also available online. www.facebook.com/TheFoodamentalists/?fref=ts 1st Saturday every month (Mar-Dec), 10am - 4pm marketplace.moonfruit.com/cheadle/4584437496
Wilmslow Cheshire SK9 1PB	Foodamentalists	Wilmslow Artisan Market Alderley Road Wilmslow Cheshire SK9 1PB	Bread and bread mixes. Also available online. www.facebook.com/TheFoodamentalists/?fref=ts 3rd Saturday every month, 10am - 4pm themarketco.co.uk/markets/wilmslow-artisan-market/
Manchester M1 1DB	Foodamentalists	The Makers Market Northern Quarter Stevenson Square Manchester M1 1DB	Bread and bread mixes. Also available online. www.facebook.com/TheFoodamentalists/?fref=ts 2 nd Sunday every month (Mar-Aug), 11am - 5pm www.themakersmarket.co.uk/



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-	Icky Sticky Cake Co	See market details below <i>Correspondence:</i> 711 Manchester Road Castleton Derbyshire Tel. 07792 604176	Local family business that loves everything about baking. Their specialities are flavoursome gluten free friands as well as bespoke celebration cakes (pre-order), all made in a dedicated gluten free kitchen. See regular markets below, but also attends Gluten free Food fairs and other food festivals (eg Castlefield Food Festival). Check events page on website or follow on Facebook/Twitter. www.ickystickycake.co.uk/
Manchester M19	Icky Sticky Cake Co	Levenshulme Market Train station car park Stockport Rd Manchester M19	Cakes & friends. <i>See main entry above for more details.</i> www.ickystickycake.co.uk/ 4 th Saturday of the month (March -Nov, 3 rd Saturday in December). www.levymarket.com/
Bolton Greater Manchester BL1 5BU	Icky Sticky Cake Co	Artisan Market Heaton Fold Garden Centre Overdale Drive Bolton Greater Manchester BL1 5BU	Cakes & friends. <i>See main entry above for more details.</i> www.ickystickycake.co.uk/ 3 rd Sunday of the month (Feb-Nov, check dates for Dec Christmas market), 10am-4pm www.heatonfold.co.uk
Liverpool Merseyside L17 8UP	No Gluten Baker	Lark Lane Farmers' Market 1 Lark Lane Liverpool L17 8UP	Producing a wide range of gluten free sweet & savoury goods (also dairy free options). All products formally tested for no detectable gluten and wheat. www.facebook.com/noglutenbakersouthport 4th Saturday of the month, 8.30am-12.30pm. www.larklaneguide.com/event/farmers-market/
Liverpool Merseyside L1 6BW	JAM Restaurant & Cocktail Bar @jam_restaurants	7-11 Sir Thomas Street Liverpool L1 6BW (Next to the Metquarter) Tel: 0151 306 2567	A modern eatery and cocktail bar that fuses casual dining and gourmet classics. 100% GF with plenty of vegan options. Open daily serving Afternoon Tea, Brunch, Dinner, Cocktails in contemporary surroundings. Mon-Wed 11am - 8pm, Thurs 11am - 10pm, Fri 9am - 10pm, Sat 9am - 11pm, Sun 10am - 6pm http://www.jamrestaurants.co.uk/



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South Yorkshire	-	-	THERE ARE CURRENTLY NO LISTINGS FOR SOUTH YORKSHIRE
East Riding of Yorkshire	-	-	THERE ARE CURRENTLY NO LISTINGS FOR EAST RIDING OF YORKSHIRE however there is one business that we're waiting to hear back from.
Lancashire	-	-	THERE ARE CURRENTLY NO LISTINGS FOR LANCASHIRE
Cumbria	-	-	THERE ARE CURRENTLY NO LISTINGS FOR CUMBRIA
Ramsey Isle of Man IM8 1AT	The Busy Gluten Free Kitchen	31 Parliament Street Ramsey Isle of Man IM8 1AT	Just like a traditional bakery, except everything is gluten free! You will find bread, rolls, savoury bites & sweet treats. The cakes are all grain, dairy*, egg, soy, yeast and refined sugar free (*no margarine used). Open Saturdays, 11am-5pm www.facebook.com/The-Busy-Gluten-Free-Kitchen

Added: 05/16

For other Farmers' Markets in the North York Moors, see details here:

<http://www.northyorkmoors.org.uk/visiting/whats-on/farmers-markets>

If you have any comments or find an error, please email info@thecoeliacplate.com



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