



Restaurant Search

UK - Cumbria - Lake District

November 2013

This search was based on a weekend away in Windermere and is not a full search of all Lake District areas.

Note: During our trip, internet access was very hit and miss - do not rely on being able to use your smart phone to find GF restaurants!

Town	Restaurant	Address	Comments / website
Ings, 2 miles east of Windermere	Watermill Inn	LA8 9PY Beware speed cameras	GF on menu - 2 mains and jacket potatoes 7 days a week - food 12 - 9pm http://watermillinn.co.uk
Windermere	Holbeck Ghyll Country House Hotel	Holbeck Lane LA23 1LU T: 01539 432 375	Michelin star restaurant and can stay overnight. http://www.holbeckghyll.com
Windermere	Linthwaite Country House Hotel	Crook Road, LA23 3JA, T: 015394 88600	Special diets catered for if requested in advance. http://www.linthwaite.com
Windermere	The Grey Walls Hotel	Elleray Road LA23 1AG T: 015394 43741	Bar menu says 'ask for GF options' (eg beef or gammon steak, chicken without BBQ sauce). There is a steakhouse in the main hotel - menu was not online at time of checking. http://www.thegreywalls.co.uk/
Windermere	Lakeland Shop 'First Floor' cafe	Alexandra Buildings LA23 1BQ T: 015394 88100	Some GF options on menu (soup, jacket potato, fruit salad, ice cream/sorbet, cake) http://www.lakeland.co.uk/
Bowness-on-Windermere	Beresford's Restaurant	Beresford Rd LA23 2JG T: 015394 88488	GF on menu Restaurant Tues-Sun 5.30-10pm, also open for lunches. http://www.beresfordsrestaurantandpub.co.uk
Bowness-on-Windermere	Jintana Thai Restaurant	Lake Road, LA23 3BJ T: 015394 45002	GF marked on menu Open 7 days http://www.jintanathaicuisine.com
Bowness-on-Windermere	PJ's Café	60 Quarry Rigg, LA23 3DU T: 015394 46502	Signs in shop indicating GF soup & baked potatoes. No website. (Note: café appears to be for sale)



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Bowness-on-Windermere	The Elephant and Camel	4 Windermere Bank LA23 2JJ (up the hill past the cinema) T: 015394 88707	GF (and DF) cakes https://www.facebook.com/pages/Elephant-and-Camel-Cafe/189573736632?fref=ts
Bowness-on-Windermere	Vinegar Jones	Royal Square LA23 3DB T: 015394 44846	Fish & Chips. GF symbol on menu in window. Sadly was closed Sunday lunchtime when we were there - no opening hours on door or website. http://www.vinegarjones.co.uk/
Bowness-on-Windermere	Mint Cake Mine Shop	66 Quarry Rigg LA23 3DU T: 015394 42283	Mint cake is GF! Also have GF biscuits from Original Cottage Cookie Ltd. www.mintcakemine.com
Bowness-on-Windermere	Hyltons Restaurant	Ash Street LA23 3EB T: 015394 43060	GF on menu. Smokehouse and grill - meat and seafood. 7 days 12 - 9.30pm http://www.hyltonsbowness.co.uk
Grasmere, Ambleside	Baldry's Café	Red Lion Square LA22 9SP T: 01539 435301	Tea room/café - GF breads and cakes No website, but FB page. https://www.facebook.com/pages/Baldrys-Tea-Room/267282139778
Grasmere	Greens Cafe and Bistro	College Street LA22 9SZ T: 01539 435790	GF and V on menu Check web for opening hours (in Winter only open in the day time & closed on Thursdays) http://greensgrasmere.com
Kendal	Jintana Thai Restaurant	101 Highgate LA9 4EN T: 015397 23123	GF marked on menu Open 7 days http://www.jintanathaicuisine.com
Kendal	Pizza Express	6 Wainwright's Yard Town Centre LA9 4DP T: 01539 728598	GF Pizza and some other options. 7 days lunch and dinner http://www.pizzaexpress.com/visit-a-restaurant/restaurant/kendal
Kendal	New Moon Restaurant	129 Highgate LA9 4EN	Please let our staff know if you have any food allergies when placing your order Any requests we are happy to help. Lunch and dinner, closed Sundays http://www.newmoonrestaurant.co.uk
Near Kendal	Strickland Arms	Nannypie Lane LA8 8DZ T: 015395 61010	Listed on dog friendly website as having a GF menu, but not mentioned on their own website. 7 days lunch and dinner. http://www.ainscoughs.co.uk/Strickland-Arms/strickland-arms-home.html



Town	Restaurant	Address	Comments / website
Kendal	The Cottage Kitchen	28a Finkle St Town centre LA9 4AB T: 01539 722468	Big sign outside saying GF options (pies and more) No website.
Staveley (between Kendal & Windermere)	Eclec Cafe	27/29 Main Street, LA8 9LU, T: 01539 821393	GF cakes available in antique shop. Good for on route to Windermere http://staveleyantiques.co.uk/?Cafe_Eclec
Sedbergh (9 miles from Kendal)	The Sedbergh Cafe	Main St (no postcode provided)	GF and V on menu (only soups marked as GF, but there are also baked potatoes) 7 days late morning until 5pm (6pm on weekends) http://www.thesedberghcafe.com/new/?p=267
Keswick	Pumpkin cafe	19 Lake Road, CA12 5BS T: 017687 75973	GF Hot chocolate and 1 x cake option. http://www.cafepumpkin.co.uk/
Keswick	Abrahams Café at George Fisher	2 Borrowdale Road. CA12 5DA	Ask staff. GF options (baked potatoes, salad, soup & bread, cake) in café upstairs in shop - great views! http://www.georgefisher.co.uk/pages/tearoom.asp
Keswick	Cassa Bella	24-26 Station St CA12 5HF	GF pasta available. Ask staff for options. http://casabellakeswick.co.uk/restaurant
Keswick	Sketchers coffee shop - at Pencil Museum	Southey Works Main Street CA12 5NG T: 017687 73626	GF salads marked on menu. http://www.pencilmuseum.co.uk
Keswick	The Lakeland Pedlar Café	Bell Close (by main carpark) CA12 5JD T: 017687 74492	Vegetarian wholefoods café. Lots of GF options on menu, including bread. http://www.lakelandpedlar.co.uk
Ambleside	Jintana Thai Restaurant	Compston Road, LA22 9DJ T: 015394 33394	GF marked on menu 7 days http://www.jintanathaicuisine.com
Ambleside	Lucy's on a Plate	Church Street, LA22 0BU, T: 01539 431191	Always GF and vegetarian options marked on changing menu. Café by day, restaurant at night. Bookings recommended on weekends. Food noon until last orders 9pm http://www.lucysofambleside.co.uk/on_a_plate/
Ambleside	The Apple Pie Café & Bakery	Rydal Road (postcode not provided, but in main village) T: 015394 33679	GF on menu in window (baked potato, wedges, soup), but not on internet. http://www.applepieambleside.co.uk/
Ambleside	Biscuit stall	in market area	GF biscuits by Original Cottage Cookie Ltd.



Town	Restaurant	Address	Comments / website
Yanwath, near Penrith	The Yanwath Gate Inn	Yanwath CA10 2LF T: 01768 862386	Pub, good quality informal dining. Chef is a coeliac (2013) Lunch & dinner (presumed 7 days but no statement on website) http://www.yanwathgate.com/
Temple Sowerby, near Penrith	Acorn Bank (National Trust)	CA10 1SP T: 017683 61893	Café serves GF sandwiches and cakes Closed over Winter and on Tuesdays http://www.nationaltrust.org.uk/acorn-bank/

If you find any errors or wish to add a listing, please email info@thecoeliacplate.com



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