



100% Gluten Free

UK - Northern England

November 2018 v1.4

This listing is part of a series of 100% gluten free cafes, restaurants and bakeries in the UK that have their *own retail outlet*. This might be a restaurant or a stall at a market.

This listing covers all of Yorkshire, Cheshire, Greater Manchester, Merseyside, Lancashire, County Durham, Cumbria and Northumberland, but at this stage Yorkshire & County Durham are dominating the scene.

New businesses are frequently being followed up for inclusion, so keep an eye on Twitter and Facebook for updates.

For other regions, including London, please see thecoeliacplate.com/uk-100-gluten-free/.

Please see the disclaimer at the end of the document.

Suburb/Area	Restaurant	Address	Comments / website
Leeds West Yorkshire LS1 3AX	The Oxford Place T & FB: @theoxfordplace Added 04/16 Updated 10/18	2 Oxford Place Leeds LS1 3AX T: 0113 234 1294	Full seasonal menu, with options that can be hard to find gluten free, such as fish & chips. Plenty of cakes available and afternoon tea is available with reservation. Wed-Sat noon-9.30pm, Sun noon-8pm https://www.facebook.com/pg/theoxfordplace/
Leeds West Yorkshire LS7 2AW	Wildcraft gluten free bakery T @MushroomMina FB @WildcraftBakery Added 03/17 Reviewed 08/18	Unit 13 Penraevon Street Penraevon Industrial Estate Leeds LS7 2AW T: 07957 227694 Please park behind the bakery or on the nearby roads.	At Wildcraft Bakery we refuse to be denied our guilty pleasures by our digestive systems! Not only gluten free, but also allergen conscious with savoury options that are vegetarian, vegan and sugar free. Oat free available. You can stop for a cup of coffee or soup too! Tuesday-Thursday: 10am - 5.30pm and Friday-Saturday: 10am - 2pm. http://www.wildcraftbakery.com/
Huddersfield West Yorkshire HD1 3DH	Mr Lee's Noodles (Vending machine) FB: @mrleesnoodles	Student Central University of Huddersfield	Available from an on campus cashless vending machine, Mr Lee's are a gluten free gourmet instant noodle in a cup. Vegan options available.

Suburb/Area	Restaurant	Address	Comments / website
	Added 11/18	Queensgate Huddersfield HD1 3DH	www.facebook.com/pg/mrleesnoodles
Huddersfield West Yorkshire	GFQ (Takeaway) FB @gfqltd Added 06/18 Updated 11/18	26 Chapel Hill Huddersfield HD1 3EB T: 01484 300523	A takeaway store that is Coeliac UK accredited. Nov 2018 NB They are moving away from 100% gluten free - check their Facebook page for updates. https://www.facebook.com/gfqltd/
York North Yorkshire	El Piano T: @ElPianoYork Added 04/16 Reviewed 09/18	15-17 Grape Lane York	Closed in August 2018. www.el-piano.com
York North Yorkshire YO31 7EQ	2 Oxford Place T: @2oxfordplace Added 04/18 Updated 10/18	14 Gillygate York YO31 7EQ T: +44 1904 656661	Previously at 2 Oxford Place in Leeds (where The Oxford Place now is), this cafe has reopened in York for brunch, lunch, coffee, cake, as well as dinner service on Friday and Saturday. Tues, Wed, Thurs, Sun 10am-4pm, Fri & Sat 10am-9pm https://2oxfordplace.com
Whitby, Redcar & Cleveland North Yorkshire	The Walrus and the Carpenter Added 04/16 Updated 09/18	147 Church Street	Permanently closed.
Redcar TS10 1AR North Yorkshire	Bohemia Yoga Cafe FB: @bohemiayogacafe Added 10/18	21 Cleveland Street Redcar TS10 1AR T: 01642 913840	Vegetarian/vegan gluten free café serving breakfast, lunch and desserts. Tue-Fri 9.15am-3pm, Sat 9:30am - 3pm Sun-Mon Closed https://www.bohemiayogacafe.co.uk/cafe
Guisborough TS14 6BP North Yorkshire	Thingy-Ma-Jigs coffee house FB: @thingymajigs5 Added 10/18	5 Bow Street Guisborough TS14 6BP T: +44 7941 255186	Everything is made on site - paninis, soups, scones, cakes, afternoon teas. Vegetarian and dairy free available. Dog friendly. https://www.facebook.com/thingymajigs5/
Leyburn North Yorkshire	The Gluten Free Kitchen T: glutenfreeGFK	Check Social media for events.	A dedicated bakery producing gluten, wheat and dairy free cakes, puddings, savouries and bread. Full range at

Suburb/Area	Restaurant	Address	Comments / website
	FB: @theglutenfreeki tchen Added 04/16 Reviewed 10/18		Cambells of Leyburn, but see website for other stockists. Check their Facebook and Twitter for markets and events attending (eg Carfest North & South, Bath GF food fair, Northumberland county show). https://www.theglutenfreekitchen.co.uk
Teesside area North Yorkshire	Elizabeth's Kitchen T: N/A FB: Elizabeth's Kitchen Added 04/16 Updated 10/18*	-	**No longer doing gluten free cakes/markets** We provide cookery classes in a dedicated gluten free kitchen for community groups, private parties, business and for education in the Teesside area, focusing on Free From. Look at the events page on Facebook for other events attending. www.facebook.com/Elizabeths-Kitchen-551772871618343/
Stockton on Tees County Durham	Labyrinth Holistic Café T: @LabyrinthHCHQ FB: @LabyrinthHolisticCafe Added 04/16 Updated 10/18	The Town House 2 Skinner Street Stockton on Tees TS18 1DY T: 01642 97377	A not for profit café catering for more than just gluten free - lactose free, vegan and vegetarian options and other special diets will be accommodated - just ask! Cooked breakfast, porridge, pancakes, burgers, sandwiches, lasagne, chilli. Tues- Sat 9am-4pmish www.labyrinthholisticcafe.org
Seaham County Durham	Clean Bean FB: @cleanbeanseaham Added 11/18	22 North Terrace Seaham SR7 7DX T: 01914474748	Serving breakfast, lunch, dinner, drinks and coffee, the menu is centered around fresh, high-quality ingredients without the additives or refined sugars. Vegan available. Eat in or takeaway. Mon-Thurs 8am-8pm, Fri 8am-11pm, Sat 9am-11pm, Sun 9am-8pm https://www.facebook.com/pg/CleanBeanSeaham/
Darlington County Durham DL3 7QQ	K&N's Gluten Free Kitchen T: N/A FB: K & N's Gluten Free Kitchen Added 04/16 Reviewed 10/18	Darlington Open Market High Row Darlington DL3 7QQ County Durham	Run by a coeliac, providing cakes, ready meals, pies & quiches. Cakes for special occasions & home delivery available. Also attends Coeliac Group meetings & some other markets (eg York Food Fair, Leeds Food Fair, Lincoln Food Fair). Check website under Events for more details. kandnkitchens.com/ At Darlington outdoor market every Monday except Bank Holidays 9am - 5pm (weather permitting). www.darlington.gov.uk/leisure-and-culture/markets/markets-in-darlington/

Suburb/Area	Restaurant	Address	Comments / website
Northwich Cheshire CW9 5AE	Taylor's of Cheshire T: @TaylorsofChesh FB: @Taylorscheshire Added 04/16 Reviewed 10/18	Northwich Artisan Market Witton St Northwich CW9 5AE	<i>Previously known as Gluten Free Pie Co.</i> Producing a range of freshly baked savoury pies that are free from all artificial additives, preservative, flavourings & all the fillings are made using only the finest local ingredients. Egg free, dairy free, vegan. Available online or at markets - see below, events page on website and Facebook for other events. Also often at vegan markets. www.facebook.com/Taylorscheshire/ 2 nd Saturday every month, 10am-4pm themarketco.co.uk/markets/northwich-artisan-market/
Macclesfield Cheshire SK11 1EA	Taylor's of Cheshire T: @TaylorsofChesh FB: @Taylorscheshire Added 11/16 Reviewed 10/18	Macclesfield Treacle Market Marketplace & Chestergate Macclesfield Cheshire SK11 1EA	<i>See main entry above for more details.</i> Last Sunday every month, except December which is the Sunday before Christmas. http://www.treaclemarket.co.uk/
Wigan Greater Manchester WN3 4DP	Power Kitchen T: & FB: @powerkitchenUK Added 11/18	7 Tower Enterprise Park Great George Street Wigan WN3 4DP Tel: 01942 820567	Simple and good food, fast. Powerbox meals (eg curry, meatballs), wraps and refined sugar free desserts. Catering for vegan, vegetarian, paleo, ketogenic, SCD, GAPS, FODMAP, or any other diet protocol. Order via just-eat.co.uk. Home meal plans also available. Mon-Fri 11.30am-2pm, Sat 12-3.30pm https://power-kitchen.com/
Hindley Greater Manchester WN2 4DP	Power Kitchen (Franchise Branch) T: @powerkitchenUK FB: @powerkitchenhindley Added 11/18	106 Market Street Hindley WN2 4DP Tel: 01942 254942	See details above. Mon-Fri 9am-7pm and Sat 9am-5pm Delivery available over lunch period.
-	Icky Sticky Cake Co T: @ickystickycakes FB: @ickystickycake	See market details below <i>Correspondence:</i> Unit 14 Hanson Close, Middleton M24 2HD	Local family business that loves everything about baking. Their specialities are flavoursome gluten free friands as well as bespoke celebration cakes (pre-order), all made in a dedicated gluten free kitchen. See regular markets below, but also attends Gluten free food fairs and other

Suburb/Area	Restaurant	Address	Comments / website
	Added 05/16 Updated 10/18	Tel. 07792 604176	food festivals (eg Castlefield Food Festival). Check events page on website and upcoming dates on Facebook. www.ickystickycake.co.uk/
Manchester M19	Icky Sticky Cake Co Added 05/16 Reviewed 10/18	Levenshulme Market Train station car park Stockport Rd Manchester M19	Cakes & friends. See main entry above for more details. www.ickystickycake.co.uk/ 4 th Saturday of the month (March -Nov, 3 rd Saturday in December). www.levymarket.com/
Rawtenstall Rossendale BB4 8TS	Icky Sticky Cake Co Added 10/18	Rawtenstall Artisan Market Town Square, Bank Street Rossendale BB4 8TS (opposite ASDA)	Cakes & friends. See main entry above for more details. www.ickystickycake.co.uk/ 4th Sunday of the month (check dates for Dec Christmas market), 10am-5pm https://www.facebook.com/RawtenstallFarmersMarket/
Bolton Greater Manchester BL1 5BU	Icky Sticky Cake Co Added 05/16 Reviewed 10/18	Artisan Market Heaton Fold Garden Centre Overdale Drive Bolton Greater Manchester BL1 5BU	Cakes & friends. See main entry above for more details. www.ickystickycake.co.uk/ Not at this marketed all the time but it runs 3 rd Sunday of the month (Feb-Nov, check dates for Dec Christmas market), 10am-4pm www.heatonfold.co.uk
Liverpool Merseyside L17 8UP	No Gluten Baker T: @noglutenbaker1 FB: @noglutenbakersouthport Added 05/16 Reviewed 10/18	Lark Lane Farmers' Market 1 Lark Lane Liverpool L17 8UP	Producing a wide range of gluten free sweet & savoury goods (also dairy free options). All products formally tested for no detectable gluten and wheat. www.facebook.com/noglutenbakersouthport 4th Saturday of the month, 8.30am-12.30pm. www.larklaneguide.com/event/farmers-market/
South Yorkshire	-	-	THERE ARE CURRENTLY NO LISTINGS FOR SOUTH YORKSHIRE
East Riding of Yorkshire	-	-	THERE ARE CURRENTLY NO LISTINGS FOR EAST RIDING OF YORKSHIRE however there is one business that we're waiting to hear back from.



•The Coeliac Plate•

Suburb/Area	Restaurant	Address	Comments / website
Lancashire/ mobile van at events around the North and Wales.	GF2GO (mobile van) FB: fabulousglutenfreefo od Added: 09/18	Unit 9, Evolve @ Vision Park Whittle Way Burnley Lancashire	GF food van run by a coeliac and gluten intolerant - see Facebook for details of events attending. https://www.facebook.com/pg/fabulousglutenfreefood/ https://www.gf2go.uk
Cumbria	-	-	THERE ARE CURRENTLY NO LISTINGS FOR CUMBRIA
Ramsey Isle of Man IM8 1AT	The Wholesome Bakerwoman Added: 05/16 Updated 10/18	31 Parliament Street	Ceased trading mid 2018.

If you have any comments or find an error, please email info@thecoeliacplate.com



While every effort is made to check the information is valid at the time of publishing, The Coeliac Plate makes no representations or warranties of any kind, express or implied, about the completeness, accuracy, reliability, suitability or availability with respect to the website or the information, products, services, contained on the website for any purpose.

Management, chefs and products change and it is your responsibility at all times to explain your dietary requirements to the restaurant and review product labels and assess the risk. In providing information and links on this website, The Coeliac Plate does not assume or undertake any responsibility, including legal responsibility, to those who read it and choose to take it into account when making any decisions, or to those affected by their decisions. Any reliance you place on information on this website is therefore strictly at your own risk.

In no event shall The Coeliac Plate be liable for any direct, indirect or consequential damages resulting from the use of this website.

Please see full terms and conditions at: thecoeliacplate.com/terms-of-use/