



# 100% Gluten Free Australia - Melbourne, VIC

August 2019 v2.3

Melbourne is home to quite a number of cafes and bakeries where the food is 100% gluten free. At the end of the document is a list of 'nearly gluten free' venues - usually these businesses are all gluten free except for one or two items, so still worth a look!

This list only includes businesses with a physical outlet (ie not purely online ordering).

**Note:** Some cafes are specialist gluten free cafes and thoroughly check the supply chain for e.g. 'may contain' statements and others just happen to be naturally gluten free, so it is still important to make your own enquiries. Drinks may not all be gluten free.

*Please see the disclaimer at the end of the document.*

Some of these venues are reviewed here: <http://thecoeliacplate.com/melbourne-100percent-gluten-free/>

For a listing of other gluten free friendly venues, please see:

<http://thecoeliacplate.com/gluten-free-melbourne-top-10-inside-10km/>

Suburb/Area	Restaurant	Address	Comments / website
<b>CITY CENTRE AND SURROUNDING SUBURBS</b>			
City centre 3000	<b>Seedling</b>  FB: @seedlingcafe au  Reviewed: 06/19	275 Flinders Lane T:0450 190 365  349 Little Collins Street T:0450 190 365	Healthy food café & takeaway. Specialising in nutrient dense, paleo, "clean food". Vegetarian & dairy free options. <i>Please ask to see their FAQ about ingredients used.</i> Mon-Fri 7am - 4pm (except public holidays). Four small tables available in Flinders Lane, more seating available in Little Collins St. <a href="http://www.seedlingcafe.com.au/">www.seedlingcafe.com.au/</a>
City centre 3000	<b>Bodega Underground</b>  FB: @bodegaunderground  Added: 09/18 Updated: 08/19	55 Little Bourke Street  T: 03 9650 9979	Mexican food and the menu states all food is 100% gluten free. 7 days until 3am: open from lunchtime Wed-Sun, from 4pm Mon-Tue <a href="https://www.bodegaunderground.com.au">https://www.bodegaunderground.com.au</a>



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Suburb/Area	Restaurant	Address	Comments / website
City centre 3000	<b>Spud Bar</b>  FB: @spudbarHQ  Updated: 08/19	Bourke Place 600 Bourke Street  398 Little Bourke St T: 03 9602 3841  567 Collins Street T: 03 9629 3770	Jacket potatoes & salads. & salads.  Bourke Place: Mon - Fri 11am-4pm  Little Bourke: Mon - Fri 11am-6.30pm  Collins St: Mon - Fri 11am - 4pm
City centre 3000	<b>Spud Bar</b>  FB: @spudbarHQ  Updated: 08/19	Emporium Shopping Centre Level 3 287 Lonsdale St T: 03 8609 8205  QV Shopping Centre Level 1 Corner Swanston St & Lonsdale St T: 03 9662 3224  <i>Delivery via Uber Eats</i>	Emporium: Mon - Wed 10am-7pm, Thu - Fri 10am-9pm, Sat-Sun 10am-6pm  QV: Mon - Fri 11am - 6pm, Sat 12pm - 3pm  <a href="http://www.spudbar.com.au/">www.spudbar.com.au/</a>  See review: <a href="http://thecoeliacplate.com/spudbar-gluten-free-baked-potatoes/">http://thecoeliacplate.com/spudbar- gluten-free-baked-potatoes/</a>
City centre 3000			Also see 'nearly gluten free' section at the end of the document.
St Kilda Rd 3004	<b>Spud Bar</b>  FB: @spudbarHQ  Updated: 08/19	11 Commercial Road (cnr St Kilda Road)  <i>Delivery via Uber Eats</i>	Jacket potatoes & salads. 7 days 11am - 9pm (Sat/Sun midday) <a href="http://www.spudbar.com.au/">www.spudbar.com.au/</a>
St Kilda 3182	<b>Spud Bar</b>  FB: @spudbarHQ  Updated: 08/19	43 Blessington Street  <i>Delivery via Uber Eats</i>	Jacket potatoes & salads. 7 days 11.30am - 9.30pm <a href="http://www.spudbar.com.au/">www.spudbar.com.au/</a>
St Kilda 3182	<b>Hemp Kitchen</b>  FB: @hempkitchen. au  Added: 09/18 Updated: 08/19	1/173-177 Barkly Street  T: 0431 759 811  <i>Delivery via Deliveroo</i>	They use hemp oil, seeds, flour and protein in most dishes which is naturally gluten free and ensure everything else is also gluten free. Coeliac Australia accredited. Also have weeknight specials - eg pasta, pizza, steak. Check website/Facebook for hours - generally open weeknights & day/night on weekends.

Suburb/Area	Restaurant	Address	Comments / website
			<a href="https://www.hempkitchen.com.au">https://www.hempkitchen.com.au</a>  See review: <a href="http://thecoeliacplate.com/hemp-kitchen-st-kilda">http://thecoeliacplate.com/hemp-kitchen-st-kilda</a>
Fitzroy 3065	<b>Saba's Ethiopian</b>  FB: @SabasEthiopian Restaurant  Added: 11/16 Reviewed: 05/19	328 Brunswick Street T: 03 8589 0442	Everything on menu is marked gluten free and flat bread is made out of Teff flour. Plenty of vegetarian and vegan options. Website states it is a coeliac safe kitchen. Lunch Fri-Sun midday-3pm Dinner Tues-Sun 5.30pm-10.30pm <a href="http://www.sabasethiopianrestaurant.com/">http://www.sabasethiopianrestaurant.com/</a>
Kensington 3031	<b>La Tortilleria</b>  FB: @latortilleriaau T: @LaTortilleriaAU  Added: 11/16 Updated: 06/19	72 Stubbs St T: 03 9376 55 77  <i>Delivery via Uber Eats</i>	The menu states all food items are gluten free.  Mon-Thurs 5:30pm-9pm, Fri 11:30am-3pm & 5:30pm-9:30pm, Sat & Sun 12pm-3pm & 5:30pm-9:30pm <a href="http://latortilleria.com.au/">http://latortilleria.com.au/</a>  See review: <a href="http://thecoeliacplate.com/la-tortilleria-mexican-kensington/">http://thecoeliacplate.com/la-tortilleria-mexican-kensington/</a>
South Melbourne 3205	<b>Spud Bar</b>  FB: @spudbarHQ  Updated: 08/19	246 Clarendon St  <i>Delivery via Uber Eats</i>	Jacket potatoes & salads. Mon - Sun 11.30am - 9pm <a href="http://www.spudbar.com.au/">www.spudbar.com.au/</a>
<b>INNER EAST</b>			
Richmond 3121	<b>Spud Bar</b>  FB: @spudbarHQ  Updated: 08/19	226 Swan Street  <i>Delivery via Uber Eats &amp; Deliveroo</i>	Jacket potatoes & salads. Mon - Fri 11am - 9.30pm, Sat 11.30am - 9.00pm, Sun 12-8pm <a href="http://www.spudbar.com.au/">www.spudbar.com.au/</a>
Richmond 3121	<b>Pana Chocolate</b>  FB: @panachocolate	491 Church Street	Hand made chocolates and cakes. Everything gluten free and vegan. NB Usually closes for an extended Christmas break and reopens in February. <a href="http://www.panachocolate.com/">www.panachocolate.com/</a>
Richmond 3121			Also see 'nearly gluten free' section at the end of the document.
Prahran 3181	<del>MOM (Market on Malvern)</del>	388 Malvern Road  T: 03 9529 7701	Removed from entry - now called AURA & not 100% GF.



Suburb/Area	Restaurant	Address	Comments / website
	FB: @marketonmalvern Updated: 08/19		
South Yarra 3141	<b>Spud Bar</b> FB: @spudbarHQ Reviewed: 08/19	590 Chapel St <i>Delivery via Uber Eats</i>	Jacket potatoes & salads. Mon - Sun 11.00am - 9.00pm <a href="http://www.spudbar.com.au/">www.spudbar.com.au/</a>
Hawthorn 3123	<b>Spud Bar</b> FB: @spudbarHQ Reviewed: 08/19	717 Glenferrie Rd <i>Delivery via Uber Eats</i>	Jacket potatoes & salads. Mon - Fri 11.00am - 9.30pm Sat - Sun 11.30am - 9.00pm <a href="http://www.spudbar.com.au/">www.spudbar.com.au/</a>
Camberwell 3124	<b>WellZones GF</b> FB: @wellzonesgf Added 04/18 Updated 06/19	393 Camberwell Road <i>Delivery via Uber Eats</i>	A coeliac son is the driver behind this family gluten free bakery and café. Delicious sandwiches, lunch specials and cakes. Tues-Fri 7.30am-5pm, Sat 7.30am-4pm Closed Mon-Sun & public holidays. <a href="https://www.wellzones.com.au/">https://www.wellzones.com.au/</a>  See review: <a href="http://thecoeliacplate.com/wellzonesgf-camberwell-gluten-free/">http://thecoeliacplate.com/wellzonesgf-camberwell-gluten-free/</a>
Camberwell 3124			Also see 'nearly gluten free' section at the end of the document.
Ashburton	<b>Spud Bar</b> FB: @spudbarHQ Added: 08/19	176 High Street <i>Delivery via Uber Eats</i>	Jacket potatoes & salads. Mon - Sun 11.00am - 9.00pm <a href="http://www.spudbar.com.au/">www.spudbar.com.au/</a>
Kew 3101	<b>Gluten Free 4U</b> FB: @glutenfree4u	1345 Burke Road T: 03 9817 6981	Bakery - no seating. See Moorabbin entry below for more detail. Opening hours may differ. <a href="http://glutenfree4u.com.au/">glutenfree4u.com.au/</a>
Chadstone 3148	<b>Raw Trader</b> FB & T: @rawtrader14 Updated: 05/19	Chadstone Shopping Centre (Near Target)	"Specialises in organic, raw, vegan, vegetarian, paleo, gluten free, dairy free & sugar free, healthy desserts & treats." Mon-Wed 8:30am to 5:30pm Thurs-Sat 8:30am to 9:00pm Sun 10:00am to 7:00pm <a href="https://www.rawtrader.com.au">https://www.rawtrader.com.au</a>
Doncaster 3108	<b>Spud Bar</b> FB: @spudbarHQ Updated: 08/19	Westfield Doncaster Shopping Centre 619 Doncaster Rd	Jacket potatoes & salads. Sun - Wed 10am - 5pm Thur - Fri 10am - 9pm <a href="http://www.spudbar.com.au/">www.spudbar.com.au/</a>

Suburb/Area	Restaurant	Address	Comments / website
<i>Delivery via Uber Eats</i>			
<b>NORTHERN SUBURBS</b>			
Brunswick 3056	<b>Café Henkel</b>  FB: @cafehenkel  Added: 05/17 Reviewed: 09/18	102 Henkel Street  T: 0418 532 908  <i>Delivery via Uber Eats</i>	A completely gluten free café - go for a big breakfast, waffles or a burger or just coffee and cake. Coeliac Australia accredited. Monday - Friday 7am-3pm, Saturday-Sunday 8am-3pm. <a href="https://www.facebook.com/pg/cafehenkel/">https://www.facebook.com/pg/cafehenkel/</a>  See review: <a href="http://thecoeliacplate.com/cafe-henkel-100-pc-gluten-free-brunswick/">http://thecoeliacplate.com/cafe-henkel-100-pc-gluten-free-brunswick/</a>
Thornbury 3071	<b>Black Ruby Bakery</b>  FB: @blackrubybakeries  Reviewed 12/18	SHOP FRONT HAS CLOSED but still supplying to small supermarkets around Melbourne.	Fantastic GF bakery - loaves, rolls, and pastries. <a href="http://www.facebook.com/blackrubybakeries">www.facebook.com/blackrubybakeries</a>
Ivanhoe 3079	<b>Caffe Strada</b>  FB: @Caffe Strada  Updated: 08/19	197 Upper Heidelberg Road  T: 03 9497 4875	Gluten free café with breakfast, lunch and snack options. 7 days 8.00am-4.30pm <a href="http://www.caffestrada.com.au/">www.caffestrada.com.au/</a>  See review: <a href="http://thecoeliacplate.com/caffe-strada-gluten-free-melbourne/">http://thecoeliacplate.com/caffe-strada-gluten-free-melbourne/</a>
Ivanhoe 3079	<b>Delhicious</b>  FB: Delhicious  Added 05/17 Updated 07/19	91 Upper Heidelberg Road  T: 03 9499 1053	<b>Temporarily closed due to leasing issues - check Facebook before visiting.</b> Modern Indian cuisine, including GF naan bread & pizza! Coeliac Australia accredited. Open Monday- Saturday for Breakfast, Lunch & Dinner. Breakfast & Lunch 8am-3pm, Dinner 5pm-10pm <a href="http://delhiciouscuisine.com.au/">http://delhiciouscuisine.com.au/</a>  See review: <a href="http://thecoeliacplate.com/delhicious-100-pc-gluten-free-indian-in-ivanhoe/">http://thecoeliacplate.com/delhicious-100-pc-gluten-free-indian-in-ivanhoe/</a>
Coburg North 3058	<b>Silly Yaks</b>  FB: @au.sillyyaks	2 Mercier Street T: 03 9350 2255	Gluten free bakery factory outlet, also fructose friendly. Take a cool bag as many products are frozen.



Suburb/Area	Restaurant	Address	Comments / website
			Open Mon-Fri 9am-3pm and one Sunday a month. <a href="http://sillyyaks.com.au/">sillyyaks.com.au/</a>
	Updated: 07/18		
Avondale Heights 3034	<b>Particle Cafe</b> FB: @particlecafe Added: 11/16 Updated: 07/17	1/47 Military Rd	Vegan café that is also gluten free. Breakfast, lunch, cakes. <a href="https://www.facebook.com/particlecafe/">https://www.facebook.com/particlecafe/</a> <a href="http://particleco.com/">http://particleco.com/</a>
East Keilor 3033	<b>Heaven's Bakehouse</b> FB: @heavensbakehouse	8 Williams Avenue T: 03 9331 5955	A gluten free bakery making bread (loaves and baguettes), cakes, pies, pizza bases etc. Open weekdays only (factory outlet, no café). <a href="http://www.heavensbakehouse.com.au/">www.heavensbakehouse.com.au/</a>
Preston 3072	<b>Eat Cannoli</b> FB: @eatcannoli Added: 01/18 Updated: 08/19	132 Wood Street, Preston	A little cafe with savoury piadinas (flat toasties) for lunch and a variety of cannoli for dessert or with a drink. Eat in or takeaway. Also attending various events. Wed - Sun 7.30am - 4pm <a href="https://www.facebook.com/pg/eatcannoli">www.facebook.com/pg/eatcannoli</a>
<b>EASTERN SUBURBS</b>			See above for INNER EAST.
Ringwood	<b>Spud Bar</b> FB: @spudbarHQ Added 08/19	Eastland Shopping Centre 175 Maroondah Hwy  <i>Delivery via Uber Eats</i>	Jacket potatoes & salads. Mon - Wed 10am - 5.30pm Thur - Fri 10am - 9pm Sat - Sun 10am - 5pm <a href="http://www.spudbar.com.au/">www.spudbar.com.au/</a>
Chirnside Park 3058	<b>Just Yummy Gluten Free Bakery</b> FB @justyummyglutenfree Updated: 08/19	13 Meadowgate Drive (10 mins from Ringwood) T: 03 9727 0034	<b>100% Gluten and nut free bakery.</b> Also makes products egg free, yeast free, dairy free, fructose free! Tue/Wed/Fri 9am-4pm, Thurs 9am-6pm, Sat 9am-1pm <a href="http://www.justyummyglutenfree.com/">www.justyummyglutenfree.com/</a>
Warrandyte South 3134	<b>Yarralicious</b> FB @YarraliciousCafe (note one R!) Updated: 07/18	CLOSED the café in April 2019.  They will be attending farmers markets	<a href="http://www.yarralicious.com.au">www.yarralicious.com.au</a>



Suburb/Area	Restaurant	Address	Comments / website
		but not sure if still 100% GF.	
Boronia	<b>Gluten Free 4U</b> FB: @glutenfree4u Added: 05/17	243 Dorset Road	Bakery with bread and many sweet and savoury options. Tues-Fri 9am-5pm, Sat 9am-3.30pm. Closed public holidays. <a href="http://glutenfree4u.com.au/">glutenfree4u.com.au/</a>
Various areas, eg Yarra Glen	<b>Jo Jo's Gluten Free Goodies</b> FB: Jo Jo's Gluten Free Goodies Added: 06/17 Reviewed: 09/18	Markets at various locations	100% gluten free kitchen producing delicious savoury items (pies, sausage rolls, quiche), bread and slices and cakes.  See more detail under Mornington entry. <a href="https://www.facebook.com/Jo-Jos-Gluten-Free-Goodies-1446967141999887/">https://www.facebook.com/Jo-Jos-Gluten-Free-Goodies-1446967141999887/</a>  See review: <a href="http://thecoeliacplate.com/jo-jos-gluten-free-goodies/">http://thecoeliacplate.com/jo-jos-gluten-free-goodies/</a>
<b>WESTERN SUBURBS</b>			
Werribee 3030	<b>Spud Bar</b> FB: @spudbarHQ Reviewed: 08/19	Werribee Plaza Cnr. Derrimut & Heaths Rd T: 03 9974 6524  <i>Delivery via Uber Eats</i>	Jacket potatoes & salads. Mon - Wed 10:30am - 5:00pm, Thu - Fri 10:30am - 9:00pm, Sat - Sun 11am - 4:30pm <a href="http://www.spudbar.com.au/">www.spudbar.com.au/</a>
<b>BAYSIDE &amp; SOUTH EAST</b>			
Hampton East 3188	<b>Hopper HQ (previously Allergy Train)</b> Added: 07/18 Updated 11/18	922 Nepean Highway T: 03 8317 8565  (Opposite Moorabbin train station and parking at rear.)	A shop and cafe catering to multiple allergies/food intolerances. All food produced never uses any gluten, dairy, eggs or nuts. Allergy friendly products available but note that <i>not all packaged products are gluten free</i> . Mon-Fri 8am -5pm, Sat 10am-3pm <a href="https://allergytrain.com.au">https://allergytrain.com.au</a>
Brighton 3186	<b>Fox in the Box</b> FB: @eatingoutGF Reviewed: 04/18	169 Martin St (note: near Gardenvale station, not Brighton Beach)	Gluten free café, dairy and lactose free and FODMAP friendly. Take home meals available. Opens from 10.30am for lunch and from 5.45pm for dinner Thurs-Sat. Closed Sun & Mon. <a href="http://www.foxinthebox.com.au/">www.foxinthebox.com.au/</a>

Suburb/Area	Restaurant	Address	Comments / website
Elsternwick 3185	<b>4me gluten free</b>  FB: @4me gluten free  Added: 03/18 Updated: 01/19	439A Kooyong Rd	All products produced by 4me gluten free are gluten free, nut free, trans fat free and dairy free. Open Monday and Friday 10am-4pm <a href="https://www.facebook.com/4me gluten free/">https://www.facebook.com/4me gluten free/</a>
Moorabbin 3189	<b>Gluten Free 4U</b>  FB: @glutenfree4u  Reviewed: 09/18	5/1-3 Bignell Road T: 03 9555 5175	Bakery with many sweet treats as well as savoury items. Some DF and fructose friendly. Not in an area tourists are likely to visit, but you can order delivery (min \$80 but can freeze things) or visit stockists or retail stores around Melbourne - ring for latest details. Must tries: vanilla slice, lamington, neenish tart. Great quiches and pies too. Open Tues-Fri 8am-4.30pm, Sat 8.30am-2pm. Closed Public Holidays <a href="http://glutenfree4u.com.au/">glutenfree4u.com.au/</a>  See review: <a href="http://thecoeliacplate.com/gluten-free-4u-melbourne/">http://thecoeliacplate.com/gluten-free-4u-melbourne/</a>
Cheltenham	<b>GF Pantry</b>  FB: @GFPantryAust  Added: 06/19 Updated: 08/19	Unit 16 329 Bay Road (behind Storage King)  <i>Opening a shop soon at Southland.</i>	An online shop but you can also shop in the warehouse or collect online orders. All products are gluten free. Mon - Fri 10am - 5pm <a href="https://www.gfpantry.com.au/">https://www.gfpantry.com.au/</a>
Cheltenham	<b>Spud Bar</b>  FB: @spudbarHQ  Added 08/19	Southland Shopping Centre 1239 Nepean Hwy  <i>Delivery via Uber Eats</i>	Jacket potatoes & salads. Sun - Wed 10am - 5pm Thur - Fri 10am - 9pm <a href="http://www.spudbar.com.au/">www.spudbar.com.au/</a>
Berwick 3806	<b>Mr Black Juicery</b>  FB: @mrblackjuicery Added: 01/19	1 Blackburne Square T: 03 9707 5143	Much more than a juicery, this café has plenty of healthy brunch and lunch options as well as slices. The menu states all food is 100% gluten free. Mon-Fri 6am-3.30pm, Sat-Sun 8am-3pm <a href="https://www.facebook.com/mrblackjuicery/">https://www.facebook.com/mrblackjuicery/</a>
Frankston 3199	<b>Gluten Free 4U</b>  FB: @glutenfree4u  Added: 05/17	4/49 Beach Street T: 03 8762 8100	See details above. Tues-Fri 8.30am-4:30pm, Sat 8.30am - 3.00pm Closed Public Holidays



Suburb/Area	Restaurant	Address	Comments / website
			<a href="http://glutenfree4u.com.au/">glutenfree4u.com.au/</a>
Frankston 3199	<b>Spud Bar</b>  FB: @spudbarHQ  Added 08/19	28 Beach St  <i>Delivery via Uber Eats</i>	Jacket potatoes & salads. Mon - Wed 10am - 5.30pm Thur - Fri 10.30am - 9pm Sat - Sun 10.30am - 5pm <a href="http://www.spudbar.com.au/">www.spudbar.com.au/</a>
Cheltenham 3192	<b>Pure Gluten Free Bakery &amp; Treat No Wheat café</b>  FB: @pureglutenfreebakery  Added: 06/16 Updated: 10/18	13 Follett Rd T: 03 8522 2834	Bakery with sweet & savoury options and a café in front of the manufacturing plant serving breakfast and lunch. They have hard to find items such as bagels and baguettes. Many products also dairy free. All made on site. Small amount of seating (indoor & out). Mon-Fri 6.30am-4pm, Sat 6.30am-2.30pm <a href="http://www.pureglutenfreebakery.com.au">http://www.pureglutenfreebakery.com.au</a>
Mentone 3194	<b>Simply Gluten Free Bakery &amp; Café</b>  FB: @SimplyGluten Free  Added: 10/16 Updated: 07/18	123 Lower Dandenong Rd T: 03 9583 6256	All products are wheat and gluten free and nut free. Dairy free, fructose friendly & vegan products available. Products also available at Aumann's, Warrandyte. Mon-Fri 8.30am - 5.00pm, Sat 8.30am - 2.00pm <a href="https://www.facebook.com/simplyglutenfree/">https://www.facebook.com/simplyglutenfree/</a>
Beaumaris	<b>Seaview Quality Meats</b>  Added: 06/18	333 Balcombe Road  T: 03 9589 2128	With family members needing to eat gluten free, this butcher decided to go completely gluten free so there is no cross contamination risk. (No website)
Lyndhurst 3975	<b>Brian's Gourmet Meats</b>  FB: @BriansGourmetMeats  Updated: 03/18	Marriott Waters Shopping Centre, Cnr Thompsons Rd & Marriott Boulevard Vic 3975 T: 03 9036 2732	A butcher with a huge range of meats, including crumbed schnitzels, kiev's, pastry products, sausages, dips & sauces. A great option for a Christmas turkey! They also stock GF breads, buns & bagels from Pure Gluten Free Bakery (wholesaler). Accredited by Coeliac Australia. 7 days 8am-6pm <a href="http://www.facebook.com/BriansGourmetMeats/">www.facebook.com/BriansGourmetMeats/</a>

## MORNINGTON PENINSULA

Please see the separate listing for the Mornington Peninsula on <http://thecoeliacplate.com/restaurant-lists/> or the blog post here: <http://thecoeliacplate.com/mornington-peninsula-100-percent-gluten-free/>

Covering Mornington, Dromana, Mooroduc, Red Hill, Portsea and more!

Suburb/Area	Restaurant	Address	Comments / website
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## Nearly 100% Gluten Free!

Suburb/Area	Restaurant	Address	Comments / website
City centre 3000	<b>Mamasita</b>  FB: @mamasitamelb  Added: 02/18 Updated: 06/19	Level 1, 11 Collins Street T: 03 9650 3821	Everything is GF except for ice cream cones. Dinner 7 days 5pm until late, lunch Fridays only <a href="http://www.mamasita.com.au">www.mamasita.com.au</a>  See review: <a href="http://thecoeliacplate.com/mamasita-melbourne-gluten-free/">http://thecoeliacplate.com/mamasita-melbourne-gluten-free/</a>
Richmond (Burnley) 3121	<b>Serotonin</b>  FB: @serotonin dealer  Added: 05/16 Reviewed: 09/18	52 Madden Grove T: 03 9428 8256 (Near Burnley station)	A vegetarian healthy eating café that is also gluten free, <b>excluding muesli and some buns for burgers</b> . Check prep methods for GF bread. Eat in & takeaway. Breakfast, lunch. (Dinner seasonally.) Surcharge on Sundays and public holidays. <a href="http://www.facebook.com/serotonindealer/">www.facebook.com/serotonindealer/</a>
		<i>Delivery via Uber Eats</i>	
Camberwell 3124	<b>Foddies</b>  FB: @foddies  Added: 09/18 Reviewed: 08/19	393 Camberwell Road T: 03 9882 7510	Foddies specialise in low FODMAP and gluten free dishes and are quite famous for their donuts! The food is all gluten free <b>apart from the bread options</b> and they do have cross contamination procedures in place. Mon-Fri 7.30am-3.30pm, Sat-Sun 8am-3.30pm <a href="http://foddies.com">http://foddies.com</a>  See review: <a href="http://thecoeliacplate.com/foddies-cafe-melbourne/">http://thecoeliacplate.com/foddies-cafe-melbourne/</a>
Highbury 3190	<b>Hot Lips Hacienda</b>  FB: @hotlipshighbury  Added: 06/19	2 Railway Parade T: 03 9532 1164	Everything on the menu is marked GF except for the churros, which I believe have a separate fryer. <a href="http://hotlipshacienda.com.au">http://hotlipshacienda.com.au</a>
St Andrews (foothills of Yarra Ranges)	<b>Gluten Freegan</b>  FB & T: N/A  Added: 11/16 Updated: 08/19	St Andrews Community Market cnr Kangaroo Ground - St Andrews Rd and Proctor St	Gluten free & vegan cakes and some savouries (eg lasagne). Website says ingredients are <u>95% gluten free</u> and uses dedicated gluten free utensils and containers & care taken to avoid cross contamination.  Market is every Saturday. <a href="https://www.instagram.com/gluten_freegan/">https://www.instagram.com/gluten_freegan/</a> <a href="http://www.glutenfreegan.com.au/">http://www.glutenfreegan.com.au/</a>

Bundoora 3083	<b>Gluten Freegan</b>	Kingsbury Drive Community Market Carpark 2 at the LaTrobe University	See details above.  Market is every Sunday.
	FB & T: N/A		
	Added: 05/17 Updated: 08/19		

If you have any comments or find an error, please email [info@thecoeliacplate.com](mailto:info@thecoeliacplate.com)



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