



100% Gluten Free UK - Northern England

Oct 2019 v1.5

This listing is part of a series of 100% gluten free cafes, restaurants and bakeries in the UK that have their *own retail outlet*. This might be a restaurant or a stall at a market.

This listing covers all of Yorkshire, Cheshire, Greater Manchester, Merseyside, Lancashire, County Durham, Cumbria and Northumberland, but at this stage Yorkshire & Greater Manchester are dominating the scene.

New businesses are frequently being followed up for inclusion, so keep an eye on Twitter and Facebook for updates.

For other regions, including London, please see thecoeliacplate.com/uk-100-gluten-free/.

Please see the disclaimer at the end of the document.

Suburb/Area	Restaurant	Address	Comments / website
Leeds West Yorkshire LS1 3AX	The Oxford Place T & FB: @theoxfordplace Added 04/16 Updated 10/19	2 Oxford Place Leeds LS1 3AX T: 0113 234 1294	Full seasonal menu, with options that can be hard to find gluten free, such as fish & chips. Wed-Sat noon-9.30pm, Sun noon-8pm https://www.facebook.com/pg/theoxfordplace/ Review: http://thecoeliacplate.com/the-oxford-place-gluten-free-leeds/
Leeds West Yorkshire LS7 2AW	Wildcraft gluten free bakery T @MushroomMina FB @WildcraftBakery Added 03/17 Updated 10/19	Unit 13 Penraevon Street Penraevon Industrial Estate Leeds LS7 2AW T: 07957 227694 Please park behind the bakery or on the nearby roads.	At Wildcraft Bakery we refuse to be denied our guilty pleasures by our digestive systems! Not only gluten free, but also allergen conscious with savoury options that are vegetarian, vegan and sugar free. Oat free available. You can stop for a cup of coffee or soup too! Tuesday- Friday: 10am - 5.30pm, Saturday: 9am - 2pm. http://www.wildcraftbakery.com/
York North Yorkshire YO31 7EQ	2 Oxford Place T: @2oxfordplace	14 Gillygate York YO31 7EQ	Closed in Sept 2019 https://2oxfordplace.com



Suburb/Area	Restaurant	Address	Comments / website
	Added 04/18 Updated 10/19	T: +44 1904 656661	
Redcar TS10 1AR North Yorkshire	Bohemia Yoga Cafe FB: @bohemiayogacafe Added 10/18	21 Cleveland Street Redcar TS10 1AR T: 01642 913840	Closed June 2019 https://www.bohemiayogacafe.co.uk/cafe
Guisborough TS14 6BP North Yorkshire	Thingy-Ma-Jigs coffee house FB: @thingymajigs5 Added 10/18 Reviewed 10/19	5 Bow Street Guisborough TS14 6BP T: +44 7941 255186	Everything is made on site - paninis, soups, scones, cakes, afternoon teas. Vegetarian and dairy free available. Dog friendly. https://www.facebook.com/thingymajigs5/
Leyburn North Yorkshire	The Gluten Free Kitchen T: glutenfreeGFK FB: @theglutenfreekitchen Added 04/16 Reviewed 10/19	Check Social media for events.	A dedicated bakery producing gluten, wheat and dairy free cakes, puddings, savouries and bread. Full range at Cambells of Leyburn, but see website for other stockists. Check their Facebook and Twitter for markets and events attending (eg Carfest North & South, Bath GF food fair, Northumberland county show). https://www.theglutenfreekitchen.co.uk
Teesside area North Yorkshire	Elizabeth's Kitchen T: N/A FB: Elizabeth's Kitchen Added 04/16 Updated 10/18	-	**No longer doing gluten free cakes/markets ** We provide cookery classes in a dedicated gluten free kitchen for community groups, private parties, business and for education in the Teesside area, focusing on Free From. Look at the events page on Facebook for other events attending. www.facebook.com/Elizabeths-Kitchen-551772871618343/
Seaham County Durham	Clean Bean FB: @cleanbeanseaham Added 11/18 Reviewed 10/19	22 North Terrace Seaham SR7 7DX T: 01914474748	Serving breakfast, lunch, dinner, drinks and coffee, the menu is centered around fresh, high-quality ingredients without the additives or refined sugars. Vegan available. Eat in or takeaway. Mon-Thurs 8am-8pm, Fri 8am-11pm, Sat 9am-11pm, Sun 9am-8pm https://www.facebook.com/pg/CleanBeanSeaham/
Darlington County Durham DL3 7QQ	K&N's Gluten Free Kitchen	Darlington Open Market High Row	Run by a coeliac, providing cakes, ready meals, pies & quiches. Cakes for special occasions & home delivery available.

Suburb/Area	Restaurant	Address	Comments / website
	T: N/A FB: K & N's Gluten Free Kitchen Added 04/16 Reviewed 10/19	Darlington DL3 7QQ County Durham	Also attends Coeliac Group meetings & some other markets (eg York Food Fair, Leeds Food Fair, Lincoln Food Fair). Check website under Events for more details. kandnkitchens.com/ At Darlington outdoor market every Monday except Bank Holidays 9am - 5pm (weather permitting). www.darlington.gov.uk/leisure-and-culture/markets/markets-in-darlington/
Cheshire	Taylor's Free From FB & T: @Taylorsfreefrom Added 04/16 Updated 10/19	Various events	Producing a range of freshly baked savoury pies that are free from all artificial additives, preservative, flavourings & all the fillings are made using only the finest local ingredients. Egg free, dairy free, vegan. <i>(Previously known as Gluten Free Pie Co.)</i> Available online or at markets - Facebook for details. https://www.facebook.com/pg/Taylorsfreefrom/
Wigan Greater Manchester WN3 4DP	Power Kitchen T: & FB: @powerkitchenUK Added 11/18 Reviewed 10/19	7 Tower Enterprise Park Great George Street Wigan WN3 4DP Tel: 01942 820567	Simple and good food, fast. Powerbox meals (eg curry, meatballs), wraps and refined sugar free desserts. Catering for vegan, vegetarian, paleo, ketogenic, SCD, GAPS, FODMAP, or any other diet protocol. Order via just-eat.co.uk. Home meal plans also available. Mon-Fri 11.30am-2pm, Sat 12-3.30pm https://power-kitchen.com/
Hindley Greater Manchester WN2 4DP	Power Kitchen (Franchise Branch) T: @powerkitchenUK FB: @powerkitchenhindley Added 11/18	106 Market Street Hindley WN2 4DP Tel: 01942 254942	See details above. Mon-Fri 9am-7pm and Sat 9am-5pm Delivery available over lunch period.
Greater Manchester	Icky Sticky Cake Co T: @ickystickycakes FB: @ickystickycake	See market details below <i>Correspondence:</i> Unit 14 Hanson Close, Middleton M24 2HD	Local family business that loves everything about baking. Their specialities are flavoursome gluten free friands as well as bespoke celebration cakes (pre-order), all made in a dedicated gluten free kitchen.

Suburb/Area	Restaurant	Address	Comments / website
	Added 05/16 Updated 10/19	Tel. 07792 604176	See Facebook for markets, Gluten free food fairs and other food festivals (eg Castlefield Food Festival). https://www.facebook.com/lckystickycake www.ickystickycake.co.uk/
Liverpool Merseyside L17 8UP	No Gluten Baker T: @noglutenbaker1 FB: @noglutenbakersouthport Added 05/16 Reviewed 10/19	Lark Lane Farmers' Market 1 Lark Lane Liverpool L17 8UP	Producing a wide range of gluten free sweet & savoury goods (also dairy free options). All products formally tested for no detectable gluten and wheat. www.facebook.com/noglutenbakersouthport 4th Saturday of the month, 8.30am-12.30pm. www.larklaneguide.com/event/farmers-market/
South Yorkshire	-	-	THERE ARE CURRENTLY NO LISTINGS FOR SOUTH YORKSHIRE
East Riding of Yorkshire	-	-	THERE ARE CURRENTLY NO LISTINGS FOR EAST RIDING OF YORKSHIRE however there is one business that we're waiting to hear back from.
Lancashire	-	-	THERE ARE CURRENTLY NO LISTINGS FOR LANCASHIRE
Cumbria	-	-	THERE ARE CURRENTLY NO LISTINGS FOR CUMBRIA

If you have any comments or find an error, please email info@thecoeliacplate.com



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